

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 100-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Laila Campbell	Spring Grove	11.63*
	<i>*Laila Campbell of Spring Grove established the meet record of 11.61 in the 2022 semifinals</i>		
2021:	Laila Campbell	Spring Grove	12.00
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Lily Palacio-Lewis	Warwick	12.02
2018:	Riyana Owens	Dallastown	12.00
2017:	Grace Gillespie	Cedar Cliff	12.10
2016:	Grace Gillespie	Cedar Cliff	12.35
2015:	Ty'Asia Dansbury	Harrisburg	12.32
2014:	Kelly Liebl	Ephrata	12.49
2013:	Lynne Mooradian	South Western	12.50
2012:	Deme'shia Davis	Central Dauphin East	12.03
2011:	Jessica Whitmore	Chambersburg	12.23
2010:	Jessica Whitmore	Chambersburg	12.38
2009:	Marissa McDonald	Central Dauphin East	12.63
2008:	Anyssa Barbour	Chambersburg	12.41
2007:	Anyssa Barbour	Chambersburg	12.16
2006:	Anyssa Barbour	Chambersburg	12.12
2005:	Catie Hare	South Western	12.47
2004:	Ashley Hodge	Carlisle	12.23
2003:	Catie Hare	South Western	12.47
2002:	Lauren Mable	Conestoga Valley	12.25
2001:	Sara Shoaff	Central Dauphin	12.29
2000:	Hyleas Fountain	Central Dauphin East	12.02
1999:	Hyleas Fountain	Central Dauphin East	12.0
1998:	Hyleas Fountain	Central Dauphin East	12.0
1997:	Leslie Miller	Harrisburg	12.5
1996:	Laurena White	Governor Mifflin	12.3
1995:	Laurena White	Governor Mifflin	11.7
1994:	Janet Beasley	Red Land	12.4
1993:	Tammi Stewart	Hempfield	12.2
1992:	Chris Robertson	Reading	11.7*
1991:	Chris Robertson	Reading	11.7
1990:	Chris Robertson	Reading	12.2
1989:	Chris Robertson	Reading	12.5
1988:	Roxanne Morton	J.P. McCaskey	12.1
1987:	Angie Bowie	West York	12.3
1986:	Julie Holland	Governor Mifflin	12.2
1985:	Liz Giering	Manheim Township	12.0
1984:	Liz Giering	Manheim Township	12.4
1983:	Liz Giering	Manheim Township	12.34
1982:	Rose Gilmore	Reading	12.06
1981:	Rose Gilmore	Reading	12.04
1980:	Rose Gilmore	Reading	12.31
1979:	Sheila Mellinger	Ephrata	11.95

*Note: Chris Robertson's 11.7 in 1992 was wind-aided

CLASS 2A

2022:	Ella Ahner	Tulpehocken	12.53
2021:	Ella Ahner	Tulpehocken	12.75
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Milly Heinbaugh	Fairfield	12.46
2018:	Brooke Lawyer	Delone Catholic	12.44
2017:	Reagan Hess	Annville-Cleona	11.92
2016:	Reagan Hess	Annville-Cleona	12.09
2015:	Keisha Bautista	Schuylkill Valley	12.77
2014:	Reagan Hess	Annville-Cleona	12.56
2013:	Rachel Pitman	Bishop McDevitt	12.98
2012:	Lindsey Kreider	Lancaster Mennonite	12.69
2011:	Rachel Jordan	Lititz Christian	12.94
2010:	Sierra Moore	Delone Catholic	13.06
2009:	Joy Santos	Berks Christian	12.98
2008:	Brittne' Perkins	Milton Hershey	12.75
2007:	Erin Guty	Trinity	12.45
2006:	Mary Dell	Boiling Springs	12.49
2005:	Devan Coon	Schuylkill Valley	12.18
2004:	Mary Dell	Boiling Springs	12.69
2003:	Kandance Ferguson	Milton Hershey	12.55
2002:	Judith Agyepong	Milton Hershey	12.50
2001:	Judith Agyepong	Milton Hershey	12.80
2000:	Korto Dunbar	Milton Hershey	12.53
1999:	Sheri Calhoun	Kutztown	12.2
1998:	Sheri Calhoun	Kutztown	12.1
1997:	Sheri Calhoun	Kutztown	12.9
1996:	Sheri Calhoun	Kutztown	12.6
1995:	Rebecca Arugunes	York Catholic	12.1
1994:	Rebecca Arugunes	York Catholic	12.0
1993:	Rebecca Arugunes	York Catholic	12.19
1992:	Rebecca Arugunes	York Catholic	12.4
1991:	Jennifer Sloane	Milton Hershey	12.5
1990:	Alisa Freeman	Milton Hershey	13.2
1989:	Phillipa Ashby	Milton Hershey	12.6
1988:	Keisha Goode	Scotland	12.6
1987:	Leslie Hummer	Annville-Cleona	12.2
1986:	Angie Bowie	West York	12.2
1985:	LESLIE HUMMER	ANNVILLE-CLEONA	11.9
1984:	Danielle Washington	Scotland	12.5
1983:	Lynn Horch	Oley Valley	12.60
1982:	Betsey Marley	Donegal	12.50
1981:	Carol High	Lampeter-Strasburg	12.25
1980:	Enita Everett	Scotland	12.64
1979:	Monica Beard	Twin Valley	12.35

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 200-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Laila Campbell	Spring Grove	25.01
	<i>Laila Campbell of Spring Grove established the meet record of 23.93 in the 2022 semifinals</i>		
2021:	Laila Campbell	Spring Grove	24.11
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Leah Graybill	Warwick	24.74
2018:	Riyana Owens	Dallastown	24.64
2017:	Ty'Asia Dansbury	Harrisburg	24.52
2016:	Yasmin Brooks	Susquehanna Township	25.15
2015:	Ty'Asia Dansbury	Harrisburg	25.10
2014:	Sarah Helgeson	Hempfield	24.91
2013:	Skylar Dantzer	Wilson	25.22
2012:	Deme'shia Davis	Central Dauphin East	24.26
2011:	Deme'shia Davis	Central Dauphin East	24.79
2010:	Jessica Whitmore	Chambersburg	25.38
2009:	Angela Rothmiller	Hempfield	25.91
2008:	Anyssa Barbour	Chambersburg	25.60
2007:	Tiera Smith	Harrisburg	25.23
2006:	Aaliyah Saunders	Central Dauphin East	25.69
2005:	Tiera Smith	Central Dauphin East	25.19
2004:	Ashley Hodge	Carlisle	25.53
2003:	Jessica Forrest	Reading	25.60
2002:	Dominique Darden	Harrisburg	24.44
2001:	Dominique Darden	Harrisburg	24.84
2000:	Hyleas Fountain	Central Dauphin East	24.42*
1999:	Hyleas Fountain	Central Dauphin East	24.67
1998:	Tamika Scott	Harrisburg	24.4*
1997:	Tamika Scott	Harrisburg	26.0
1996:	Laurena White	Governor Mifflin	25.4
1995:	Laurena White	Governor Mifflin	25.4
1994:	Janet Beasley	Red Land	25.2
1993:	Jennifer Ladson	J.P. McCaskey	24.7
1992:	Rhashada Bailey	J.P. McCaskey	24.7
1991:	Chris Robertson	Reading	24.4*
1990:	Chris Robertson	Reading	25.2
1989:	Roxanne Morton	J.P. McCaskey	25.8
1988:	Roxanne Morton	J.P. McCaskey	25.3
1987:	Angie Bowie	West York	25.9
1986:	Stefanie Caradine	Carlisle	25.3
1985:	Liz Giering	Manheim Township	25.6
1984:	Liz Giering	Manheim Township	25.5
1983:	Karen Johnson	Carlisle	25.91
1982:	Liz Giering	Manheim Township	25.21
1981:	Rose Gilmore	Reading	25.71
1980:	Rose Gilmore	Reading	25.53
1979:	Vivian Murray	Solanco	25.05

*Note: Times marked with an asterisk are wind-aided.

CLASS 2A

2022:	Ella Ahner	Tulpehocken	26.13
2021:	Ella Ahner	Tulpehocken	25.79
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Milly Heinbaugh	Fairfield	25.48
2018:	Faith Redding	Biglerville	26.03
2017:	Reagan Hess	Annville-Cleona	25.09
2016:	Reagan Hess	Annville-Cleona	25.49
2015:	Nicole Leonzo	Harrisburg Christian	25.76
2014:	Nicole Leonzo	Harrisburg Christian	25.40
2013:	Rachel Pitman	Bishop McDevitt	26.27
2012:	Lindsey Kreider	Lancaster Mennonite	26.09
2011:	Yaneshia Gaston	Bishop McDevitt	25.61
2010:	Yaneshia Gaston	Bishop McDevitt	26.39
2009:	Joy Santos	Berks Christian	26.35
2008:	Devan Coon	Schuylkill Valley	25.52
2007:	Devan Coon	Schuylkill Valley	24.71*
	<i>Coon established 2A record of 24.41 in 2007 preliminaries</i>		
2006:	Mary Dell	Boiling Springs	25.11
2005:	Abigail Johnson	Milton Hershey	25.03*
2004:	Mary Dell	Boiling Springs	25.94
2003:	Kandance Ferguson	Milton Hershey	25.12
2002:	Kandance Ferguson	Milton Hershey	25.39
2001:	Judith Agyepong	Milton Hershey	26.38
2000:	Liz Staus	Schuylkill Valley	26.06
1999:	Sheri Calhoun	Kutztown	25.3
1998:	Sheri Calhoun	Kutztown	25.3
1997:	Sheri Calhoun	Kutztown	25.9
1996:	Sheri Calhoun	Kutztown	25.7
1995:	Rebecca Arugunes	York Catholic	25.8
1994:	Rebecca Arugunes	York Catholic	25.2
1993:	Rebecca Arugunes	York Catholic	25.4
1992:	Jennifer Sloane	Milton Hershey	26.1
1991:	Celeta Carter	Milton Hershey	25.2
1990:	Celeta Carter	Milton Hershey	26.1
1989:	Phillipa Ashby	Milton Hershey	25.7
1988:	Patty Ferrer	York Catholic	26.4
1987:	Phillipa Ashby	Milton Hershey	25.7
1986:	Angie Bowie	West York	25.7
1985:	Tracy Green	Susquehanna Township	26.4
1984:	Tracy Green	Susquehanna Township	26.5
1983:	Sue Wolfe	Annville-Cleona	26.31
1982:	Wendy Lower	Biglerville	26.25
1981:	Carol High	Lampeter-Strasburg	26.73
1980:	Enita Everett	Scotland	26.39
1979:	Ramona Lattany	Scotland	25.85

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 400-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Jillian Sydnor	Shippensburg	55.67
2021:	Laila Campbell	Spring Grove	56.43
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Taylor Nissly	Donegal	55.63
2018:	Jada Burton	Susquehanna Township	57.34
2017:	Ty'Asia Dansbury	Harrisburg	56.97
2016:	Ty'Asia Dansbury	Harrisburg	57.53
2015:	TY'ASIA DANSBURY HARRISBURG		55.10
2014:	Sarah Helgeseon	Hempfield	56.74
2013:	Skylar Dantzler	Wilson	56.97
2012:	Megan Lundy	Central York	55.64
2011:	Morgan Sheaffer	West Perry	56.92
2010:	Morgan Sheaffer	West Perry	56.97
2009:	Gabrielle Poore	Wilson	57.25
2008:	Alysha Cook	Harrisburg	56.94
2007:	Tiera Smith	Harrisburg	57.29
2006:	Alysha Cook	Harrisburg	57.33
2005:	Tiera Smith	Central Dauphin East	57.71
2004:	Ashley Hodge	Carlisle	55.40
2003:	Jessica Forrest	Reading	57.59
2002:	Dominique Darden	Harrisburg	56.48
2001:	Dominique Darden	Harrisburg	55.38
2000:	Dominique Darden	Harrisburg	56.02
1999:	Dominique Darden	Harrisburg	56.1
1998:	Tamika Scott	Harrisburg	56.1
1997:	Leslie Miller	Harrisburg	57.5
1996:	Emily Ural	Spring Grove	57.4
1995:	Lori Houck	Solanco	59.3
1994:	Nzinga Poteat	Harrisburg	55.4
1993:	Jennifer Ladson	J.P. McCaskey	56.55
1992:	Becki Davis	Chambersburg	59.4
1991:	Tammi Stewart	Hempfield	57.2
1990:	Kim Schlemmer	Penn Manor	57.9
1989:	Kim Schlemmer	Penn Manor	57.7
1988:	Kim Schlemmer	Penn Manor	58.5
1987:	Angie Bowie	West York	58.2
1986:	Stefanie Caradine	Carlisle	57.7
1985:	Liz Giering	Manheim Township	57.7
1984:	Elisa Strickler	Red Lion	58.7
1983:	Clara Roy	Middletown	57.49
1982:	Lisa Kennedy	Harrisburg	58.14
1981:	Karen Cotton	J.P. McCaskey	57.96
1980:	Lori Miller	Spring Grove	57.68
1979:	Monica Woodward	York-William Penn	57.67

CLASS 2A

2022:	Cadi Hoke	Wyomissing	59.79
2021:	Madison Ziska	Schuylkill Valley	59.25
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Madison Ziska	Schuylkill Valley	59.41
2018:	Maddie Clabaugh	Delone Catholic	1:00.59
2017:	Mia Kilroy	Trinity	59.61
2016:	Sophie Goad	Schuylkill Valley	1:00.08
2015:	Nicole Leonzo	Harrisburg Christian	58.51
2014:	Nicole Leonzo	Harrisburg Christian	56.16
2013:	Shannon Quinn	Trinity	57.00
2012:	Nicole Leonzo	Harrisburg Christian	58.59
2011:	Yaneshia Gaston	Bishop McDevitt	57.79
2010:	Yaneshia Gaston	Bishop McDevitt	58.99
2009:	Joy Santos	Berks Christian	59.01
2008:	Devan Coon	Schuylkill Valley	57.13
2007:	Devan Coon	Schuylkill Valley	56.54
2006:	Abigail Johnson	Milton Hershey	56.35
2005:	Abigail Johnson	Milton Hershey	56.84
2004:	Rachael Moxley	Littlestown	57.97
2003:	Maggie Borden	Delone Catholic	57.56
2002:	Maggie Borden	Delone Catholic	57.38
2001:	Maggie Borden	Delone Catholic	58.77
2000:	Liz Staus	Schuylkill Valley	59.90
1999:	SHERI CALHOUN KUTZTOWN		55.1 (55.39)
1998:	Shari Calhoun	Kutztown	56.8
1997:	Sheri Calhoun	Kutztown	57.2
1996:	Emily Pitzer	Biglerville	1:00.0
1995:	Adrian Walker	Wyomissing	59.0
1994:	Aishia Stroop	Milton Hershey	58.0
1993:	Aishia Stroop	Milton Hershey	58.48
1992:	Aishia Stroop	Milton Hershey	59.7
1991:	Shelle Roush	East Pennsboro	1:00.3
1990:	Denise Ulmer	Wyomissing	58.5
1989:	Angie Bowie	West York	58.7
1988:	Raquel Beverly	Susquehanna Township	57.7
1987:	Raquel Beverly	Susquehanna Township	57.0
1986:	Angie Bowie	West York	58.7
1985:	Jenny Maclary	Palmyra	58.5
1984:	Danielle Sciano	Trinity	58.5
1983:	Patti Kelber	Conrad Weiser	58.91
1982:	Patti Kelber	Conrad Weiser	58.96
1981:	Shellouise Grant	Susquehanna Township	59.1
1980:	Michelle Holton	Middletown	58.21
1979:	Ramona Lattany	Scotland	57.48

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 800-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Katie Dallas	Wilson	2:15.82
2021:	Katie Dallas	Wilson	2:13.60
2020:	<i>Championships canceled (pandemic)</i>		
2019:	TARYN PARKS	GREENCASTLE-ANTRIM	2:09.56
2018:	Katie Locker	Elizabethtown	2:13.52
2017:	Taryn Parks	Greencastle-Antrim	2:15.71
2016:	Maddie Kole	Carlisle	2:14.69
2015:	Meredith Newman	Manheim Township	2:13.84
2014:	Meredith Newman	Manheim Township	2:12.48
2013:	Libby Nolan	Hershey	2:12.52
2012:	Greta Lindsley	Penn Manor	2:15.78
2011:	Morgan Sheaffer	West Perry	2:18.36
2010:	Morgan Sheaffer	West Perry	2:16.63
2009:	Korinne Piper	Hempfield	2:16.53
2008:	Wendy Hutchinson	Dover	2:15.61
2007:	Abby Huber	Cumberland Valley	2:14.52
2006:	Rachel Wong	Northern York	2:17.50
2005:	Amanda Raudabaugh	Big Spring	2:15.88
2004:	Jen Gray	Cumberland Valley	2:15.95
2003:	Ganne Way	Warwick	2:13.97
2002:	Ganne Way	Warwick	2:13.26
2001:	Ruth Loyer	Red Lion	2:16.27
2000:	Ruth Loyer	Red Lion	2:15.33
1999:	Ruth Chege	Governor Mifflin	2:16.9
1998:	Jessica Lentz	Lebanon	2:17.0
1997:	Jessica Lentz	Lebanon	2:18.7
1996:	Jessica Lentz	Lebanon	2:18.1
1995:	Jessica Totaro	Hershey	2:17.7
1994:	Heather Moul	Red Lion	2:15.2
1993:	Jennifer Mitchell	Carlisle	2:16.8
1992:	Joan Ginder	Manheim Central	2:20.5
1991:	Jen Schreckengaust	Cumberland Valley	2:20.1
1990:	Lisa Davis	Carlisle	2:18.8
1989:	Lisa Davis	Carlisle	2:17.3
1988:	Lotte Eschen	Cumberland Valley	2:18.7
1987:	Beth Brown	J.P. McCaskey	2:22.2
1986:	Shelly Harris	Susquehannock	2:18.6
1985:	Alison Smith	Carlisle	2:19.5
1984:	Alison Smith	Carlisle	2:16.6
1983:	Michelle Mattson	Lower Dauphin	2:17.7
1982:	Molly Jones	Dover	2:18.0
1981:	Lois Brommer	Mechanicsburg	2:17.84
1980:	Joann Zierdt	Carlisle	2:16.84
1979:	Judy Cassell	Lower Dauphin	2:17.53

CLASS 2A

2022:	Anna Chamberlin	Boiling Springs	2:18.97
2021:	Peyton Ellis	Boiling Springs	2:19.74
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Maddie Clabaugh	Delone Catholic	2:21.83
2018:	Leanne Sneeringer	Delone Catholic	2:21.96
2017:	Rebecca Snyder	Oley Valley	2:22.38
2016:	Sophie Goad	Schuylkill Valley	2:21.34
2015:	Shannon Quinn	Trinity	2:15.92
2014:	Shannon Quinn	Trinity	2:19.28
2013:	SHANNON QUINN	TRINITY	2:14.73
2012:	Lillie Brown	Boiling Springs	2:17.15
2011:	Lillie Brown	Boiling Springs	2:17.09
2010:	Rachel Casciano	Holy Name	2:23.71
2009:	Kellie Dowling	Boiling Springs	2:23.42
2008:	Kara Millhouse	Boiling Springs	2:20.99
2007:	Anna-Christine Scull	Milton Hershey	2:18.02
2006:	Anna-Christine Scull	Milton Hershey	2:18.02
2005:	Kelly McElroy	Holy Name	2:18.50
2004:	Kelly McElroy	Holy Name	2:20.89
2003:	Debbie Huss	Wyomissing	2:21.85
2002:	Catherine Lewis	James Buchanan	2:21.89
2001:	Renee Kaylor	Hanover	2:18.88
2000:	Lisa Nagorny	York Suburban	2:18.65
1999:	Lisa Nagorny	York Suburban	2:22.2
1998:	Lisa Nagorny	York Suburban	2:19.0
1997:	Stacy Stoner	Northern Lebanon	2:25.38
1996:	Erin Bushey	Biglerville	2:24.8
1995:	Stacy Stoner	Northern Lebanon	2:24.6
1994:	Erin McNeil	Central Catholic	2:23.6
1993:	Jennifer Shunk	Tulpehocken	2:23.3
1992:	Michele Palmertree	Oley Valley	2:21.1
1991:	Jeannine Rabuck	ELCO	2:23.0
1990:	Amy Kopf	Lampeter-Strasburg	2:18.7
1989:	Amy Kopf	Lampeter-Strasburg	2:18.5
1988:	Laura O'Donnell	Lancaster Catholic	2:18.5
1987:	Jennie Abolins	Camp Hill	2:17.3
1986:	Jennie Abolins	Camp Hill	2:23.4
1985:	Jennie Abolins	Camp Hill	2:22.7
1984:	Gena Korrell	Greencastle-Antrim	2:17.0
1983:	Melissa Jacoby	Northern York	2:25.0
1982:	Connie Snyder	Big Spring	2:20.64
1981:	Molly Jones	Dover	2:20.54
1980:	Sally Johnson	Camp Hill	2:20.61
1979:	Theresa Kauffman	East Pennsboro	2:18.20

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 1600-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Olivia Walter	Mechanicsburg	4:59.41
2021:	Caryn Rippey	Wilson	4:59.71
2020:	<i>Championships canceled (pandemic)</i>		
2019:	MARLEE STARLIPER	NORTHERN YORK	4:38.70
2018:	Marlee Starliper	Northern York	4:46.86
2017:	Marlee Starliper	Northern York	4:52.80
2016:	Alison Willingmyre	Wilson	4:56.81
2015:	Mady Clahane	Cumberland Valley	4:58.54
2014:	Greta Lindsley	Penn Manor	4:56.26
2013:	Greta Lindsley	Penn Manor	4:56.41
2012:	Greta Lindsley	Penn Manor	4:57.14
2011:	Reynah Spence	Shippensburg	5:02.64
2010:	Kayleigh Perry	ELCO	5:03.76
2009:	Jordan Jenkins	New Oxford	5:02.33
2008:	Neely Spence	Shippensburg	4:50.23
2007:	Neely Spence	Shippensburg	4:57.38
2006:	Lindsey Shertzer	Lancaster Mennonite	5:04.57
2005:	Sarah Morrison	Chambersburg	5:05.60
2004:	Adrienne Beitz	Hamburg	5:01.13
2003:	Nicole Erby	Cumberland Valley	5:06.16
2002:	Nikki Stover	Governor Mifflin	5:08.84
2001:	Ruth Loyer	Red Lion	5:03.11
2000:	Beth Armstrong	Chambersburg	5:07.89
1999:	Ruth Chege	Governor Mifflin	5:11.2
1998:	Ruth Chege	Governor Mifflin	5:10.5
1997:	Leah Peiffer	Solanco	5:20.0
1996:	Leah Peiffer	Solanco	5:11.3
1995:	Jessica Totaro	Hershey	5:13.0
1994:	Julie Sweitzer	Dallastown	5:10.2
1993:	Jennifer Mitchell	Carlisle	5:01.9
1992:	Jen Lefever	Solanco	5:12.6
1991:	Brenda Penell	Solanco	5:13.3
1990:	Lori Land	Manheim Township	5:13.8
1989:	Laura O'Donnell	Lancaster Catholic	5:18.6
1988:	Vicki Stum	Cedar Cliff	5:08.0
1987:	Wendy Nelson	Cedar Crest	5:02.3
1986:	Wendy Nelson	Cedar Crest	4:59.2
1985:	Christine O'Donnell	Lancaster Catholic	5:12.7
1984:	Michelle Mattson	Lower Dauphin	5:10.50
1983:	Melissa Stewart	Middletown	4:57.3
1982:	Michelle Mattson	Lower Dauphin	5:10.50
1981:	Lois Brommer	Mechanicsburg	4:53.98
1980:	Lois Brommer	Mechanicsburg	5:02.98
1979:	Cindy Fabian	Muhlenberg	5:08.39

CLASS 2A

2022:	Anna Chamberlin	Boiling Springs	5:08.18
2021:	Amiyah Priebe	Greenwood	5:14.98
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Laura Sakol	Camp Hill	5:21.86
2018:	Rebecca Snyder	Oley Valley	5:15.79
2017:	Rebecca Snyder	Oley Valley	5:09.17
2016:	Cassidy Kuhn	Wyomissing	5:08.65
2015:	Leanne Weaver	Boiling Springs	5:23.69
2014:	Zoe Matherne	Camp Hill	5:03.37
2013:	Davi Jagadesan	Wyomissing	5:12.54
2012:	Meredith Speakman	Boiling Springs	5:04.67
2011:	Karlie Heistand	Hamburg	5:16.96
2010:	Rachel Casciano	Holy Name	5:21.67
2009:	Emily Miller	Kutztown	5:26.74
2008:	Kara Millhouse	Boiling Springs	5:10.26
2007:	Lindsey Shertzer	Lancaster Mennonite	5:08.18
2006:	Kara Millhouse	Boiling Springs	5:07.62
2005:	Katie Shelley	Columbia	5:08.97
2004:	Laura Mohler	Kutztown	5:09.50
2003:	Debbie Huss	Wyomissing	5:08.88
2002:	Debbie Huss	Wyomissing	5:09.35
2001:	Debbie Huss	Wyomissing	5:14.81
2000:	Lisa Nagorny	York Suburban	5:13.84
1999:	Lisa Nagorny	York Suburban	5:11.7
1998:	Lisa Nagorny	York Suburban	5:09.3
1997:	Stacy Stoner	Northern Lebanon	5:21.0
1996:	Kara Felty	Susquehanna Township	5:22.9
1995:	Stacy Stoner	Northern Lebanon	5:21.0
1994:	Amy Debor	Milton Hershey	5:12.4
1993:	Amy Debor	Milton Hershey	5:17.90
1992:	Amy Debor	Milton Hershey	5:12.9
1991:	Michele Palmertree	Oley Valley	5:13.7
1990:	Tracy Sollenberger	Eastern York	5:14.7
1989:	Tracy Sollenberger	Eastern York	5:16.0
1988:	Tracy Sollenberger	Eastern York	5:13.6
1987:	Carena Winters	Eastern York	5:11.6
1986:	Tracey Bowers	Greencastle-Antrim	5:10.6
1985:	Tracey Bowers	Greencastle-Antrim	5:12.0
1984:	Tracey Bowers	Greencastle-Antrim	5:07.9
1983:	Kim Deppen	Camp Hill	5:14.2
1982:	Kim Deppen	Camp Hill	5:15.96
1981:	Beth Gainer	Donegal	5:14.75
1980:	DONNA McLAIN	EASTERN YORK	5:00.31
1979:	Donna McLain	Eastern York	5:01.61

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 3200-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Claire Paci	Greencastle Antrim	10:38.10
2021:	Margaret Carroll	Northeastern	10:50.97
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Marlee Starliper	Northern York	10:24.21
2018:	Marlee Starliper	Northern York	10:32.07
2017:	Marlee Starliper	Northern York	10:31.09
2016:	Mady Clahane	Cumberland Valley	10:24.83
2015:	Mady Clahane	Cumberland Valley	10:41.52
2014:	Mady Clahane	Cumberland Valley	11:03.01
2013:	Mady Clahane	Cumberland Valley	10:55.87
2012:	Jenna Flickinger	Lower Dauphin	11:05.75
2011:	Leigha Anderson	Cumberland Valley	10:59.84
2010:	Kayleigh Perry	ELCO	10:54.84
2009:	Jordan Jenkins	New Oxford	10:47.23
2008:	Neely Spence	Shippensburg	10:46.58
2007:	Lara Crofford	Big Spring	10:31.44
2006:	Lara Crofford	Big Spring	10:49.94
2005:	Kassie Meholick	Cedar Cliff	11:05.79
2004:	Adrienne Beltz	Hamburg	10:52.18
2003:	Angie Saterstad	Hershey	10:43.72
2002:	Angie Saterstad	Hershey	10:56.22
2001:	Angie Saterstad	Upper Dauphin	10:54.82
2000:	Angie Saterstad	Upper Dauphin	11:04.78
1999:	Christine Bare	Cedar Cliff	11:20.3
1998:	Erin Peiffer	Solanco	11:21.1
1997:	Leah Peiffer	Solanco	11:19.6
1996:	Leah Peiffer	Solanco	11:10.4
1995:	Christy Hartman	Cedar Cliff	11:23.8
1994:	Christy Hartman	Cedar Cliff	11:28.7
1993:	Kristie Moser	Boyertown	10:50.4
1992:	Kristie Moser	Boyertown	11:21.20
1991:	Chris Quimby	Lower Dauphin	11:21.01
1990:	Chris Quimby	Lower Dauphin	11:18.7
1989:	Monica Leffler	Governor Mifflin	11:33.42
1988:	Vicki Stum	Cedar Cliff	11:21.6
1987:	Wendy Nelson	Cedar Crest	11:10.4
1986:	Wendy Nelson	Cedar Crest	11:16.5
1985:	Christine O'Donnell	Lancaster Catholic	11:21.7
1984:	Christine O'Donnell	Lancaster Catholic	11:17.3
1983:	Melissa Stewart	Middletown	10:56.95
1982:	Andrea Sutton	Wilson	11:20.03
1981:	LOIS BROMMER	MECHANICSBURG	10:22.33
1980:	Kathy Warlow	Palmyra	10:58.55
1979:	Cyndi Fabian	Muhlenberg	10:52.36

CLASS 2A

2022:	Addie Cohen	Wyomissing	11:24.87
2021:	Grace Kuhn	Wyomissing	11:24.95
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Laura Sakol	Camp Hill	11:36.37
2018:	Rebecca Snyder	Oley Valley	11:05.90
2017:	Rebecca Snyder	Oley Valley	11:01.09
2016:	Cassidy Kuhn	Wyomissing	10:58.60
2015:	Jordan Haberstroh	Columbia	11:42.44
2014:	Zoe Matherne	Camp Hill	11:14.23
2013:	Devi Jagadesan	Wyomissing	11:15.30
2012:	Meredith Speakman	Boiling Springs	11:01.57
2011:	Taylor Falvey	York Catholic	11:24.43
2010:	Rachel Casciano	Holy Name	11:36.69
2009:	Meghan McGowan	York Catholic	11:58.30
2008:	Kara Millhouse	Boiling Springs	11:13.85
2007:	KARA MILLHOUSE	BOILING SPRINGS	10:39.92
2006:	Kara Millhouse	Boiling Springs	11:13.13
2005:	Kara Millhouse	Boiling Springs	11:11.22
2004:	Laura Mohler	Kutztown	11:21.22
2003:	Debbie Huss	Wyomissing	10:58.23
2002:	Amy Huss	Wyomissing	11:10.26
2001:	Amy Huss	Wyomissing	11:20.49
2000:	Lisa Nagorny	York Suburban	11:21.39
1999:	Caitlin Deeble	Central Catholic	11:35.2
1998:	Sarah Bright	York Catholic	11:16.8
1997:	Stacy Stoner	Northern Lebanon	11:22.4
1996:	Courtney Ebersole	Anncville-Cleona	11:10.6
1995:	Stacy Stoner	Northern Lebanon	10:59.2
1994:	Amy Debor	Milton Hershey	11:25.5
1993:	Amy Debor	Milton Hershey	11:27.4
1992:	Amy Debor	Milton Hershey	11:21.6
1991:	Amy Debor	Milton Hershey	11:21.6
1990:	Vicki Boyer	Cocalico	11:36.2
1989:	Vicki Boyer	Cocalico	11:55.32
1988:	Vicki Boyer	Cocalico	11:35.1
1987:	Carena Winters	Eastern York	11:29.2
1986:	Tracey Bowers	Greencastle-Antrim	11:34.2
1985:	Joanne Troischt	Milton Hershey	11:25.3
1984:	Tracey Bowers	Greencastle-Antrim	11:05.4
1983:	Kim Deppen	Camp Hill	11:15.25
1982:	Kim Deppen	Camp Hill	11:14.10
1981:	Beth Gainer	Donegal	11:35.45
1980:	Donna McLain	Eastern York	10:59.00
1979:	Donna McLain	Eastern York	11:00.73

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 100-METER HURDLES CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Maddy Brooks	Bishop McDevitt	14.92
2021:	Alyssa Dyson	Carlisle	15.29
2020:	<i>Championships canceled (pandemic)</i>		
2019:	JANE LIVINGSTON	CONESTOGA VALLEY	13.66
2018:	Jane Livingston	Conestoga Valley	14.26
2017:	Yasmin Brooks	Susquehanna Township	14.07
2016:	Yasmin Brooks	Susquehanna Township	14.12
2015:	Sierra Brabham-Lawrence	Harrisburg	14.25
2014:	Sierra Brabham-Lawrence	Harrisburg	14.37
2013:	Sierra Brabham-Lawrence	Harrisburg	15.00
2012:	Kirsten Bass	Conestoga Valley	14.72
2011:	Audrey Barnford	Elizabethtown	15.05
2010:	Liz Martin	Garden Spot	15.32
2009:	Alysha Cook	Harrisburg	14.28
2008:	Alysha Cook	Harrisburg	15.07
2007:	Jazmin Hunt	Reading	14.53
2006:	Karlise Cureton	Susquehanna Township	14.65
2005:	Jazmin Hunt	Reading	14.53
2004:	Felicia Davis	J.P. McCaskey	15.27
2003:	Megan Ryan	Hempfield	14.72
2002:	Dominique Darden	Harrisburg	14.09
2001:	Dominique Darden	Harrisburg	14.63
2000:	Hyleas Fountain	Central Dauphin East	13.87*
1999:	Megan Sulewski	Dallastown	14.6
1998:	Brooke Gilliford	Manheim Township	14.5*
1997:	Julia Fountain	Central Dauphin East	15.3
1996:	Monica Anderson	Solanco	15.6
1995:	Lorie Aikens	Muhlenberg	14.9
1994:	Shannon Doggett	Elizabethtown	15.0
1993:	Jenn Comtois	Governor Mifflin	14.7
1992:	Tasha Palmer	Carlisle	14.6
1991:	Sheree Butts	Harrisburg	14.2*
1990:	Sheree Butts	Harrisburg	14.5
1989:	Sheree Butts	Harrisburg	15.5
1988:	Mindy Ashcroft	Garden Spot	15.1
1987:	Tessie Palmer	Carlisle	15.0
1986:	Karen Gooch	Reading	15.0
1985:	Claudia Thomas	Dover	14.9
1984:	Justine Spence	Garden Spot	15.4
1983:	Angela Johnson	Reading	15.61
1982:	Linda Nelson	York-William Penn	14.89
1981:	Leslie Robinson	Reading	14.30*
1980:	Amy Martin	Penn Manor	14.39*
1979:	Deb Garland	Penn Manor	14.58

*Note: Times marked with an asterisk are wind-aided.

CLASS 2A

2022:	Lilly LaBure	Bermudian Springs	15.83
2021:	Lilly LaBure	Bermudian Springs	16.30
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Kayla Pyles	Bermudian Springs	15.32
2018:	Kayla Pyles	Bermudian Springs	15.64
2017:	Paityn Wirth	Greenwood	15.70
2016:	Madison Pease	Wyomissing	15.70
2015:	Madison Pease	Wyomissing	16.24
2014:	Erin Stephen	Wyomissing	16.67
2013:	Elana Keller	Bermudian Springs	16.35
2012:	Anna Kurtz	Trinity	15.05
2011:	Tricia Light	Annville-Cleona	16.51
2010:	Mariah Robertson	Delone Catholic	15.78
2009:	Mariah Robertson	Delone Catholic	15.87
2008:	Hillary Monger	Holy Name	16.01
2007:	Hillary Monger	Holy Name	15.21
2006:	Crystal Polite	Milton Hershey	14.90
2005:	Crystal Polite	Milton Hershey	15.13
2004:	Crystal Polite	Milton Hershey	15.56
2003:	Heather Patch	Schuylkill Valley	15.05
2002:	Heather Patch	Schuylkill Valley	14.52*
2001:	Missy Ming	Hanover	15.42
2000:	KORTO DUNBAR	MILTON HERSHEY	14.68
1999:	Korto Dunbar	Milton Hershey	15.0
1998:	Jamilah Fosse	Scotland	15.4
1997:	Laura Richenderfer	ELCO	16.3
1996:	Brooke Davis	York Suburban	15.0
1995:	Mamiedee George	Milton Hershey	14.8
1994:	Nicole Mangum	Scotland	14.9
1993:	Erin Armstrong	Lampeter-Strasburg	15.36
1992:	Tracey Glass	Littlestown	15.4
1991:	Celeta Carter	Milton Hershey	14.2*
1990:	Celeta Carter	Milton Hershey	14.9
1989:	Leanne Kling	Shippensburg	15.2
1988:	Jessica Corrado	Milton Hershey	15.2
1987:	Sue Graney	Lancaster Catholic	16.1
1986:	Dawn Richardson	New Oxford	16.2
1985:	Carol Forry	Eastern York	15.2
1984:	Carol Forry	Eastern York	15.2
1983:	Laurie Smith	Boiling Springs	16.02
1982:	Nikki Hendricks	Hershey	15.24
1981:	Barb Wert	Solanco	15.31
1980:	Kathy Heinbach	Garden Spot	14.86*
1979:	Steve Ann Nork	Susquehanna Township	15.08

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 300-METER HURDLES CHAMPIONS Record holder in bold italic letters and CAPS

CLASS 3A

2022:	Maddy Brooks	Bishop McDevitt	45.40
2021:	Madi Herb	Wilson	45.85
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Jane Livingston	Conestoga Valley	42.58
2018:	Taylor Jede	Cumberland Valley	44.00
2017:	Yasmin Brooks	Susquehanna Township	43.64
2016:	Lynn Mooradian	South Western	43.44
2015:	Sierra Brabham-Lawrence	Harrisburg	42.68
2014:	Sierra Brabham-Lawrence	Harrisburg	42.91
2013:	MARY WITMER	EPHRATA	42.11
2012:	Mary Witmer	Ephrata	43.80
2011:	Stefani Day	Palmyra	44.81
2010:	Liz Martin	Garden Spot	44.94
2009:	Alysha Cook	Harrisburg	44.86
2008:	Alysha Cook	Harrisburg	43.53
2007:	Lhayana Dallas	Harrisburg	44.75
2006:	Jamie Maloney	Dallastown	45.40
2005:	Kristen Jones	Cumberland Valley	45.05
2004:	Kristen Jones	Cumberland Valley	45.01
2003:	Megan Ryan	Hempfield	44.57
2002:	Allison Brown	Lower Dauphin	44.87
2001:	Felicia Martin	Reading	45.70
2000:	Dominique Darden	Harrisburg	45.74
1999:	Courtney Boyack	Warwick	46.2
1998:	Shona Sandlin	York-William Penn	45.2
1997:	Monica Anderson	Solanco	45.7
1996:	Jenny Shelton	Palmyra	45.3
1995:	Anne Stanislawczyk	Governor Mifflin	45.2
1994:	Kristen Renner	York Suburban	44.7
1993:	Jenn Comtois	Governor Mifflin	44.8
1992:	Nakia Williams	Carlisle	45.5
1991:	Sheree Butts	Harrisburg	44.8
1990:	Sheree Butts	Harrisburg	44.8
1989:	Brooke Walls	J.P. McCaskey	44.4
1988:	Bracquel Hoff	Spring Grove	44.8
1987:	Bracquel Hoff	Spring Grove	45.4
1986:	Braquel Hoff	Spring Grove	45.1
1985:	Cricket Sheaffer	South Western	47.1
1984:	Justine Spence	Garden Spot	44.8
1983:	Justine Spence	Garden Spot	45.33
1982:	Sandy Bartle	Chambersburg	46.28
NOTE:	The 300 hurdles became a District III girls' track event in 1982.		

CLASS 2A

2022:	Emma Dennison	Fairfield	47.11
2021:	Haley Brenny	Susquenita	47.39
2020:	<i>Championships canceled (pandemic)</i>		
2019:	Mia Kilroy	Trinity	46.08
2018:	Mia Kilroy	Trinity	45.58
2017:	Mia Kilroy	Trinity	46.33
2016:	Paityn Wirth	Greenwood	46.46
2015:	Anna Osman	Upper Dauphin	46.75
2014:	Leanne Weaver	Boiling Springs	46.80
2013:	Kayla Kelley	Millersburg	47.45
2012:	Alena Gardyan	Annville-Cleona	46.13
2011:	Amber McCoy	Bishop McDevitt	47.23
2010:	Janice Erbe	Delone Catholic	46.06
2009:	Janice Erbe	Delone Catholic	45.72
2008:	Hillary Monger	Holy Name	45.59
2007:	Anna Bixler	Boiling Springs	46.37
2006:	Crystal Polite	Milton Hershey	45.52
2005:	Ruth Brown	Milton Hershey	45.54
2004:	Claire Abribat	Wyomissing	45.41
2003:	Laura Pucul	Schuylkill Valley	45.92
2002:	Claire Abribat	Wyomissing	47.60
2001:	Fonati Ward	Milton Hershey	46.33
2000:	Aisha Granville	Milton Hershey	47.03
1999:	Angie Borne	Fairfield	46.0
1998:	Jill Jablonski	Schuylkill Valley	47.1
1997:	Lauren Chatwick	ELCO	47.3
1996:	Sheri Calhoun	Kutztown	45.8
1995:	Mamiedee George	Milton Hershey	45.1
1994:	Nicole Mangum	Scotland	46.1
1993:	Shawna Dixon	Scotland	45.87
1992:	Patty Herman	Camp Hill	46.3
1991:	Jenny Pichler	York Suburban	47.8
1990:	Jessica Corrado	Milton Hershey	46.3
1989:	LEANNE KLING	SHIPPENSBURG	44.5
1988:	Jessica Corrado	Milton Hershey	46.0
1987:	Sherri Eyer	Hershey	46.5
1986:	Dawn Richardson	New Oxford	47.0
1985:	Jenny Russell	Oley Valley	47.6
1984:	Tawny Petrick	West Perry	45.2
1983:	Maria Vangel	Scotland	46.72
1982:	Steph Barger	Greenwood	46.02

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x100 METER RELAY CHAMPIONS CLASS 3A Record holder in bold italic letters and CAPS

2022:	Cumberland Valley	48.31	Ashley Ross	Riley Ebersole	Quincey Robertson	Mia Boardman
2021:	Bishop McDevitt	48.49	Maddy Brooks	Lindsay Husic	Vanessa Damone	Jazmine Bennett
2020:	<i>Championships canceled (pandemic)</i>					
2019:	WARWICK	47.44	LEAH GRAYBILL	EMILY WILLIAMSON	MEGHAN QUINN	LILY PALACIO-LEWIS
2018:	Warwick	48.65	Leah Graybill	Lily Palacio-Lewis	Meghan Quinn	Juliette Malesky
2017:	Susquehanna Township	48.89	Daryn McDonald	Jada Burton	Marjia Allen	Jocelynn Burton
2016:	Susquehanna Township	49.18	Marjia Allen	Alysha Evans	Kennedy Ivey	Myah Gaines
2015:	Susquehanna Township	47.61	Katy Alberici	Yasmin Brooks	Alysha Evans	Christina Johnson
2014:	Susquehanna Township	48.91	Katy Alberici	Yasmin Brooks	Alysha Evans	Christina Johnson
2013:	South Western	48.54	Kristin Garlan	Mackenzie Wall	Amore' Coleman	Lynne Mooradian
2012:	Central Dauphin East	47.58	Bria Mosley	Sidine Jennings	Courtney Mitchell	Deme'shia Davis
2011:	Central Dauphin East	48.23	Bria Mosley	Sidine Jennings	Courtney Mitchell	Deme'shia Davis
2010:	Milton Hershey	49.10	Stephanie Johnson	Brittney Whyms	Shaquetta Jackson	Kiara Carter
2009:	Central Dauphin East	48.87	Keri Primas	Deme'shia Davis	Maria McDonald	Marissa McDonald
2008:	Daniel Boone	49.62	Dayna Singletary	Mia Rhodes	Alyse Lewis	Aubrie McAlpine
2007:	Harrisburg	48.82	Amari Barber	Sheena Thames	Jasmine Wills	Tiera Smith
2006:	Cedar Cliff	49.43	Karyn Boyer	Beth Getty	Kelly Allred	Laura McGowan
2005:	Cedar Cliff	49.36	Karyn Boyer	Beth Getty	Kelly Allred	Laura McGowan
2004:	Harrisburg	49.37	Anjel Payne	Monique Smith	Jasmine Wills	Denise Solomon
2003:	South Western	49.49	Jen Fink	Trish Kyle	Jess Clark	Catie Hare
2002:	South Western	50.42	Kate Brady	Trish Kyle	Jess Clark	Adrienne David
2001:	Hempfield	49.60	Katie Charles	Megan Ryan	Kate Ebersole	Kristina Carpenter
2000:	Cedar Crest	49.79	Nikki Simmons	Esther Schlegel	Meredith Myers	Tawny Youtz
1999:	Harrisburg	48.7	Dreamer Patterson	Tyrah Mosby	Bernadette Gray	April Swanson
1998:	Harrisburg	47.81	Kiki Windham	April Swanson	Tammy Davis	Tamika Scott
1997:	Central Dauphin East	49.0	Veronica Moore	Julia Fountain	Danielle Martin	Hyleas Fountain
1996:	Governor Mifflin	49.9	Tiffany Sinchick	Anne Stanislawczyk	Lakisha Backmon	Laurena White
1995:	Governor Mifflin	49.6	Amy Koch	Anne Stanislawczyk	Heather Clapper	Laurena White
1994:	J.P. McCaskey	50.3	Selena Hayes	Koko Eggleston	Tish Crosby	Yelitza Garcia
1993:	Red Land	49.5	Stacey Reed	Teea Jarvinen	Amy Oswandel	Janet Beasley
1992:	J.P. McCaskey	48.5	Leequan Ray	Jennifer Ladson	Florine Holmes	Rhasheda Bailey
1991:	Reading	49.9	Bridget Selepechny	Adrienne Jackson	Kathy Randazzo	Chris Robertson
1990:	Reading	50.6	Angela Gilmore	Adrienne Jackson	Kathy Randazzo	Chris Robertson
1989:	J.P. McCaskey	48.6	Trysa Cameron	Jill Cypress	Brooke Walls	Roxanne Morton
1988:	J.P. McCaskey	48.7	Trysa Cameron	Jill Cypress	Brooke Walls	Roxanne Morton
1987:	Harrisburg	50.2	LaShonda White	Melissa Crawford	Tina Hayden	Jemir Isom
1986:	Carlisle	49.0	Deb Ellis	Stacey Reed	Tessie Palmer	Stefanie Caradine
1985:	Dover	49.5	Kelly Bosserman	Kelly Kemper	Cio Thomas	Renee Killinger
1984:	Dover	49.6	Claudia Thomas	Kelly Kemper	Kelly Bosserman	Renee Killinger
1983:	Carlisle	49.81	Stacey Thomas	Patti Johns	Stacey Reed	Karen Johnson
1982:	Carlisle	49.76	Kris James	Stephanie Smallwood	Stacy Owens	Karen Johnson
1981:	Reading	48.99	Gale Adams	Leslie Robinson	Vikki Flynn	Rose Gilmore
1980:	Harrisburg	48.90	Jerri Bennett	Lisa Kennedy	Kelly Oliver	Gina Johnson
1979:	Penn Manor	49.84	Cheryl Groff	Amy Martin	Cassie Carroll	Debbie Garland

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x100 METER RELAY CHAMPIONS CLASS 2A

Record holder in bold italic letters and CAPS

2022:	Wyomissing	50.01	Camille Berger	Alexis Hardy	Jabrea Flowers	Emily Cassler
2021:	Schuylkill Valley	50.89	Samantha Lisa	Tori Reali	Emily Starr	Madison Ziska
2020:	<i>Championships canceled (pandemic)</i>					
2019:	Delone Catholic	49.26	Maddie Clabaugh	Brooke Lawyer	Danielle Malesky	Julianna Malesky
2018:	Delone Catholic	50.48	Julia Whiteleather	Brooke Lawyer	Julianna Malesky	Danielle Malesky
2017:	Fairfield	49.93	Sarah Heinbaugh	Hannah Logue	Amelia Heinbaugh	Cierra Phillips
2016:	Wyomissing	51.57	Mia Carson	Caroline Green	Ke'ana Flowers	Trinity Ponton
2015:	Boiling Springs	50.00	Anna Grove	Shannon Donnelly	Abby Martin	Emma Spisak
2014:	Schuylkill Valley	49.37	Claire Burkert	Erika Miller	Keisha Bautista	Emily Bashore
2013:	Bishop McDevitt	50.37	Kameko Webb	Kristen Melnyk	Imani Crowder	Rachel Pitman
2012:	Trinity	50.51	Monica Hunter	Aliyah Graves-Brown	Hannah Durbin	Anna Kurtz
2011:	Bishop McDevitt	50.50	Amber McCoy	Kameko Webb	leisha Jackson	Yaneshia Gaston
2010:	Bishop McDevitt	49.64	Amber McCoy	Kirstin Nanna	Megan Dunbar	Yaneshia Gaston
2009:	Delone Catholic	50.70	Mariah Robertson	Heather Kraus	Janice Erbe	Sierra Moore
2008:	MILTON HERSHEY	49.07	DIANDRA RIDDICK	KaSANDRA WISE	BRITTNE' PERKINS	GRACE AGYEPONG
2007:	Trinity	50.51	Alex Oszustowicz	Erin Guty	Nikki Brownyard	Sandra Sweitzer
2006:	Milton Hershey	49.93	Ruth Brown	Abigail Johnson	Brittne' Perkins	Crystal Polite
2005:	Wyomissing	50.30	Caitlin Moser	Megan Shaddock	Claire Kase	Liz Hall
2004:	Milton Hershey	50.78	Ruth Brown	Kayla Dixon	Claudia Benjamin	Crystal Polite
2003:	Milton Hershey	49.55	Abigail Johnson	Ashley Mondie	Claudia Benjamin	Kandance Ferguson
2002:	Milton Hershey	49.87	Kandance Ferguson	Jallila Harvey	Claudia Benjamin	Judith Agyepong
2001:	Milton Hershey	49.30	Kandance Ferguson	Jallila Harvey	Ashley Byrd	Judith Agyepong
2000:	Milton Hershey	49.55	Judith Agyepong	Aisha Granville	Ashley Byrd	Korto Dunbar
1999:	Milton Hershey	49.1	Jayne Agyepong	Aisha Granville	Abie Boima	Korto Dunbar
1998:	Milton Hershey	49.15	Aisha Granville	KeLee Brown	Korto Dunbar	Tiffany Sheppard
1997:	Milton Hershey	50.2	Aisha Granville	Schynell Francis	Korto Dunbar	Tiffany Sheppard
1996:	Milton Hershey	50.4	Abie Boima	Tiffany Sheppard	Shadaya Reynolds	Angela Szumowski
1995:	Susquehanna Township	51.1	Tiana Anderson	Jolanda McLaughlin	Jasmine Forney	Jill Anderson
1994:	Scotland	49.5	Shanise Bryant	Shawna Dixon	Nicole Mangum	Chiquita Jones
1993:	Scotland	50.63	Shawna Dixon	Chiquita Jones	Greta Burton	Shanise Bryant
1992:	Milton Hershey	50.6	Claudia Quirama	Kelly Perry	Shasha Jones	Jennifer Sloane
1991:	Milton Hershey	49.5	Jennifer Sloane	Shasha Jones	Alisa Freeman	Celeta Carter
1990:	Milton Hershey	50.4	Jennifer Sloane	Shasha Jones	Alisa Freeman	Celeta Carter
1989:	Milton Hershey	49.7	Nicole Carr	Vern Williams	Alisa Freeman	Celeta Carter
1988:	York Catholic	49.7	Amanda Shaull	Sherry Washington	Monique Tobin	Patty Ferrer
1987:	Milton Hershey	50.6	Trina Poole	Vern Williams	Frederick Carter	Phillipa Ashby
1986:	Annvile-Cleona	50.5	Dawn Nagle	Leslie Hummer	Melanie Bow	Sue Wolfe
1985:	Annvile-Cleona	52.3	Dawn Nagle	Leslie Hummer	Melanie Bow	Sue Wolfe
	Camp Hill	52.3				
1984:	Scotland	50.5	Crystal Jones	Davida Neal	Monica Montey	Danella Washington
1983:	Lampeter-Strasburg	50.57	Rose Witmer	Andrea Townsley	Tina Herman	Brenda Aument
1982:	West York	51.44	Abby Warner	Lori Masser	Terri Hershberger	Julie Haynes
1981:	Lampeter-Strasburg	50.14	Carol High	Tina Herman	Monica Gantz	Melanie Basciotti
1980:	Scotland	50.08	Sherri Durricks	Juanita Amey	Ellie Rose	Enita Everett
1979:	Lampeter-Strasburg	50.30	Beth Wenner	Karen Evans	Carol High	Melanie Basciotti

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x400 METER RELAY CHAMPIONS CLASS 3A

Record holder in bold italic letters and CAPS

Year	Team	Time	Champion 1	Champion 2	Champion 3	Champion 4
2022:	CUMBERLAND VALLEY	3:52.33	CORA HEILMAN	ASHLEY PINES	MIA BOARDMAN	RILEY EBERSOLE
2021:	Cumberland Valley	3:56.90	Sydney Manns	Ashley Pines	Mia Boardman	Riley Ebersole
2020:	<i>Championships canceled (pandemic)</i>					
2019:	Warwick	3:52.39	Jessica Williamson	Meghan Quinn	Emily Williamson	Leah Graybill
2018:	Warwick	3:54.04	Cassidy Kline	Leah Graybill	Emily Williamson	Lilly Palacio-Lewis
2017:	Susquehanna Township	3:55.58	Jada Burton	Tiana Wilkinson	Yasmin Brooks	Jocelynn Burton
2016:	Warwick	3:59.81	Leah Graybill	Deirdre White	Samantha Shields	Emily Williamson
2015:	Harrisburg	3:53.03	Shambia McNeil	Jada Thompson	Ty'Asia Dansbury	Sierra Brabham-Lawrence
2014:	Harrisburg	3:57.95	Imani Woodyard	Ty'Asia Dansbury	Aliya Daniels	Sierra Brabham-Lawrence
2013:	Cedar Cliff	3:56.99	Nicole Boldosser	Amanda Lawrence	Taylor Chapman	Kaitlin Gould
2012:	Central Dauphin East	3:56.95	Bria Mosley	Sidne Jennings	Andrea Street	Deme'shia Davis
2011:	Milton Hershey	3:58.95	Ahmenah Richardson	Kiara Carter	Mercy Williams	Audrey Quzack
2010:	Harrisburg	3:58.95	Saba Battle-Williams	Briana Jones	Jeena Potts	Chantel Lloyd
2009:	Northern York	4:00.58	Kailey Gibb	Audrey Eberly	Jenna Hessert	Jenna Knight
2008:	Dover	3:55.85	Kaila Funk	Wendy Hutchinson	Sasha Hornock	Eryn Spangler
2007:	South Western	3:59.93	Amanda Lehr	Emily Good	Katie Colburn	Shelly Lobach
2006:	South Western	4:00.46	Amanda Lehr	Emily Good	Katie Colburn	Shelly Lobach
2005:	Central Dauphin East	3:59.73	Aaliyah Saunders	Lhayana Dallas	Andrea Moon	Tiera Smith
2004:	Cumberland Valley	4:01.47	Sarah Frenette	Jessie Lowry	Abby Huber	Jen Gray
2003:	Warwick	4:03.38	Ahna Buckwalter	Lindsey Tennis	Ganne Way	Carly Hess
2002:	Warwick	3:56.56	Carly Hess	Amy Musser	Shannon Norris	Ganne Way
2001:	Harrisburg	3:55.84	Miriam Barnes	Dreamer Patterson	Kyrisha Windham	Dominique Darden
2000:	Harrisburg	3:57.42	Bernadette Gray	Dominique Darden	Rashonda Darden	Miriam Barnes
1999:	Harrisburg	4:01.6	Miriam Barnes	Dominique Darden	April Swanson	Bernadette Gray
1998:	Harrisburg	3:57.8	Tammy Davis	Michele Leftridge	Miriam Barnes	Tamika Scott
1997:	Wilson	4:04.6	Molly Kauffman	Tricia Snyder	Beth Hafer	Bernie Kern
1996:	Harrisburg	4:05.5	Tammy Davis	Kiandra Poteat	Tamika Scott	Penda Powell
1995:	Harrisburg	4:03.2	Kiandra Poteat	Tamika Scott	Penda Powell	Taneya Butts
1994:	Wilson	3:59.1	Erica Bosler	Kristen Renner	Heather Buzas	Jamie Yerger
1993:	J.P. McCaskey	3:59.6	Ann Cross	Jen Sloden	Florine Holmes	Jennifer Ladson
1992:	J.P. McCaskey	4:01.9	Jennifer Ladson	Ann Cross	Florine Holmes	Rasheda Bailey
1991:	Solanco	4:04.7	Jen Lefever	Staci Bennett	Missy Breeze	Brenda Pennell
1990:	Chambersburg	4:00.8	Tammy McClanahan	Juli Ann Hopkins	Beth Muehl	Becki Davis
1989:	J.P. McCaskey	3:58.1	Brooke Walls	Jill Cypress	Sherry Gearhart	Roxanne Morton
1988:	Manheim Central	3:59.7	Tammi Hessen	Alison Heisey	Andrea Ebersole	Audrey Ebersole
1987:	Spring Grove	4:03.3	Braquel Hoff	Shanna Eisenhart	Shonna Diehl	Beth Lookenbill
1986:	Carlisle	4:01.5	Deb Ellis	Kathy Majesic	Stacey Reed	Stefanie Caradine
1985:	Carlisle	4:05.9	Stacey Reed	Martha Henseler	Alison Smith	Stefanie Caradine
1984:	Dallastown	4:02.2	Tina Kotek	Wendy Sheffer	Missy Sienker	Eve McMenamy
1983:	Red Lion	4:06.92	Elisa Strickler	Karen Ginder	Amy Pomraning	Chris Heim
1982:	Carlisle	4:03.82	Kris James	Stacey Owens	Karen Johnson	Stephanie Smallwood
1981:	J.P. McCaskey	4:00.02	Lisa Felder	Karen Cotton	Stacey Perry	Jackie Wilson
1980:	Harrisburg	3:55.11	Lisa Kennedy	Gina Johnson	Kelly Oliver	Joyce Maxson
1979:	J.P. McCaskey	3:58.15	Lisa Felder	Karen Cotton	Joy Greenawalt	Lani Miller

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x400 METER RELAY CHAMPIONS CLASS 2A

Record holder in bold italic letters and CAPS

2022:	Trinity	4:09.32	Ella Cloak	Caroline Cunningham	Sara Crowell	Frances Maury
2021:	Boiling Springs	4:05.71	Reagan Eickhoff	Peyton Ellis	Kara Dale	Anna Chamberlin
2020:	<i>Championships canceled (pandemic)</i>					
2019:	Greenwood	4:07.92	Abrielle Weger	Samantha Schreiber	Hailey Womer	Paityn Wirth
2018:	Delone Catholic	4:08.42	Maddie Clabaugh	Sophie Gilbert	Brooke Lawyer	Leanne Sneeringer
2017:	Fairfield	4:10.41	Sarah Logue	Lindsey Lyle	Hannah Logue	Annabel Anderson
2016:	Wyomissing	4:08.48	Cassidy Kuhn	Madison Pease	Erin Stephen	Trinity Ponton
2015:	Trinity	4:03.16	Shannon Quinn	Hannah Schubert	Emily D'Amico	Clair Mackin
2014:	Wyomissing	4:01.37	Cassidy Kuhn	Tina Bowers	Trinity Ponton	Kaitlyn Magrane
2013:	TRINITY	4:00.03	SHANNON QUINN	MARY GRONKIEWICZ	HANNAH DUBIN	ALIYAH GRAVES-BROWN
2012:	Trinity	4:02.03	Shannon Quinn	Mary Gronkiewicz	Monica Hunter	Aliyah Graves-Brown
2011:	Bishop McDevitt	4:09.71	Yaneshia Gaston	leisha Jackson	Cheynee Johnson	Brianna Davis
2010:	Bishop McDevitt	4:08.48	Kristin Nanna	Olivia Franklin	Amber McCoy	Yaneshia Gaston
2009:	Kutztown	4:10.70	Laura Sohmer	Hannah Jeffrey	Kristin Fitti-Hafer	Heather Guest
2008:	Boiling Springs	4:05.33	Erin Dowling	Kellie Dowling	Kara Millhouse	Ally Herr
2007:	Boiling Springs	4:04.61	Anna Spisak	Anna Bixler	Kara Millhouse	Kellie Dowling
2006:	Milton Hershey	4:01.60	Ruth Brown	Anna Christine-Scull	Crystal Polite	Abigail Johnson
2005:	Milton Hershey	4:02.88	Anna Christine-Scull	Ruth Brown	Leethia Aggray	Abigail Johnson
2004:	Wyomissing	4:02.78	Gillian Goodrich	Caitlyn Moser	Liz Hall	Claire Aribat
2003:	Milton Hershey	4:03.86	Abigail Johnson	Ruth Brown	Claudia Benjamin	Kandance Ferguson
2002:	Milton Hershey	4:06.36	Ashley Mondie	Latoya King	Judith Agyepong	Kandance Ferguson
2001:	Milton Hershey	4:05.77	Fonati Ward	Michelle Mighty	Ashley Mondie	Kandance Ferguson
2000:	Milton Hershey	4:05.89	Kandance Ferguson	Aisha Granville	Korto Dunbar	Fonati Ward
1999:	Milton Hershey	4:02.54	Jowharah Haddad	Korto Dunbar	Fonati Ward	Bernadette Robinson
1998:	Milton Hershey	4:06.4	Jowharah Haddad	Fonati Ward	Korto Dunbar	Bernadette Robinson
1997:	Biglerville	4:07.7	Ginger Orndorff	Stephanie Loose	Erin Bushey	Emily Pitzer
1996:	Wyomissing	4:10.6	Tanya Leiby	Jodi Speth	Marisa Sturm	Melissa Moser
1995:	Milton Hershey	4:06.5	Mamiedee George	Angela Szumowski	Edith Hutchins	Tamalia Christian
1994:	Milton Hershey	4:04.9	Tamalia Christian	Amy Debor	Edith Hutchins	Aishia Stroop
1993:	Milton Hershey	4:10.1	Jennifer Sloane	Edith Hutchins	Amy Debor	Aishia Stroop
1992:	Milton Hershey	4:06.8	Jennifer Sloane	Tiffany Pearsall	Aishia Stroop	Shasha Jones
1991:	Milton Hershey	4:05.1	Jennifer Sloane	Shasha Jones	Cathy Kamy	Alisa Freeman
1990:	Milton Hershey	4:04.7	Kokeda Sheppard	Jessica Corrado	Jennifer Sloane	Alisa Freeman
1989:	Milton Hershey	4:03.6	Trina Poole	Kim Brassfield	Alisa Freeman	Phillipa Ashby
1988:	Wyomissing	4:03.6	Chante Brooks	Kristen McDonald	Jenny Prutzman	Denise Ulmer
1987:	Lancaster Catholic	4:05.6	Lydia Wanless	Kim DeMarco	Laura O'Donnell	Kelly Tuinstra
1986:	Camp Hill	4:07.5	Colleen Neufeld	Jennie Abolins	Renee Wagner	Beth Chaundy
1985:	Donegal	4:15.5	Heidi Woglemuth	Tammy Shelly	Joanna Hedgepeth	Joy Wansley
1984:	Trinity	4:05.5	Angie Wilson	Michelle Sciano	Joan Hoyer	Danielle Sciano
1983:	Littlestown	4:08.03	Christy Smith	Lori Chrismer	Cathy Donnel	Sarah Dady
1982:	Scotland	4:10.00	Davida Neal	Danella Washington	Maria Vangel	Sherri Durricks
1981:	Dover	4:07.51	Joyce Ruppert	Sue Pickerell	Deb Kohler	Molly Jones
1980:	Susquehanna Township	4:06.56	Kia Johnson	Beth Thompson	Stacey Dean	Shellouise Grant
1979:	East Pennsboro	4:07.98	Kerry Haertsch	Sharon McMillen	Donna Barton	Theresa Kauffman

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x800 METER RELAY CHAMPIONS CLASS 3A

Record holder in bold italic letters and CAPS

2022:	J.P. McCaskey	9:28.16	Milana Breuninger	Morgan Stauffer	Anya Frey	Isabella Shertzer
2021:	J.P. McCaskey	9:23.64	Arielle Breuninger	Milana Breuninger	Isabella Shertzer	Kamiah Wright
2020:	<i>Championships canceled (pandemic)</i>					
2019:	Elizabethtown	9:21.79	Cat Shontz	Madeline Quinn	Sierra Kapcos	Katie Locker
2018:	Warwick	9:26.45	Deirdre White	Caitlyn Wagner	Emily Williamson	Cassidy Kline
2017:	Palmyra	9:22.99	Kelsei Bixler	Jess Dembrowski	Sarah Hollen	Ellie Keck
2016:	Wilson	9:16.23	Gabriella Audi	Amina Chtourou	Nijah Ukpong	Allison Willingmyre
2015:	WILSON	9:12.05	GABRIELLA AUDI	AMINA CHTOUROU	ANNE DEN OTTER	BRITTON GAGLIARDI
2014:	Palmyra	9:17.57	Miranda Salvo	Jess Dembrowski	Maria Tukis	Katie Dembrowski
2013:	Palmyra	9:13.65	Olivia Farabaugh	Miranda Salvo	Maria Tukis	Katie Dembrowski
2012:	Palmyra	9:25.17	Olivia Farabaugh	Devin Strykowski	Maria Tukis	Katie Dembrowski
2011:	Penn Manor	9:24.71	Emily Novak	Megan Maisano	Katie Maisel	Greta Lindsley
2010:	Warwick	9:19.56	Alli Mannion	Alyssa Grube	Kristine Gutshall	Emily Graber
2009:	Warwick	9:23.39	Kaitlyn Oliver	Kristine Gutshall	Alli Mannion	Emily Graber
2008:	Warwick	9:30.83	Kaitlyn Oliver	Kristine Gutshall	Alyssa Grube	Alli Mannion
2007:	Cumberland Valley	9:33.65	Lauren Thompson	Samantha Fickel	Paige Anderson	Abby Huber
2006:	Cumberland Valley	9:26.30	Sarah Frenette	Paige Anderson	Abby Huber	Lauren Thompson
2005:	Cumberland Valley	9:18.68	Sarah Frenette	Lauren Reilly	Samantha Fickel	Abby Huber
2004:	Cumberland Valley	9:34.11	Olivia Ackerman	Lauren Reilly	Abby Huber	Jen Gray
2003:	Cumberland Valley	9:31.21	Jen Gray	Allison Simons	Melissa Haug	Nicole Erby
2002:	Manheim Township	9:25.49	Mallory Weiss	Laura Werner	Renee Spangler	Lindsey Incorvati
2001:	Manheim Township	9:33.46	Mallory Weiss	Danielle Mousley	Laura Werner	Lindsey Incorvati
2000:	Manheim Township	9:36.39	Mallory Weiss	Margory Glover	Danielle Mousley	Lindsey Incorvati
1999:	Chambersburg	9:31.0	Crystal Hess	Kelly Baker	Erin Redding	Beth Armstrong
1998:	Penn Manor	9:39.2	Erin Gemmell	Tess Smith	Theresa Kirchner	Allison Frank
1997:	Penn Manor	9:41.3	Erin Gemmell	Allison Frank	Betty Mohler	Tess Smith
1996:	Solanco	9:38.9	Tammy Cauler	Val Calkins	Melissa Thomas	Leah Peiffer
1995:	Solanco	9:46.0	Val Calkins	Jen Crandall	Tammy Cauler	Melissa Thomas
1994:	Red Lion	9:29.9	Diane Fitz	Lisa Frey	Suzanne Baum	Heather Moul
1993:	Carlisle	9:32.7	Phelicia Goshea	Katie Mitchell	Paige Novier	Jennifer Mitchell
1992:	Solanco	9:42.2	Jen Lefever	Kelly Ryan	Jodi Carter	Brenda Pennell
1991:	Solanco	9:46.0	Missy Brazee	Jodi Carter	Jen Lefever	Brenda Pennell
1990:	Solanco	9:38.4	Missy Brazee	Susie Spangler	Kelly Ryan	Brenda Pennell
1989:	J.P. McCaskey	9:28.9	Beth Brown	Deanna Russell	Brooke Walls	Sherry Gearhart
1988:	Manheim Central	9:31.3	Andrea Ebersole	Cassie Herr	Tammi Hessen	Carena Winters
1987:	Hempfield	9:38.7	Traci Fisher	Tammy Sheeshley	Shari Scruton	Pam Neiss
1986:	Hempfield	9:39.0	Traci Fisher	Ann Stairs	Pam Neiss	Tracy Groff
1985:	Carlisle	9:39.6	Martha Henseler	Eva Smith	Stefanie Caradine	Alison Smith
1984:	Carlisle	9:41.3	Martha Henseler	Melissa Chronister	Terri Leshner	Alison Smith
1983:	Lancaster Catholic	9:28.02	Stephanie Hyson	Michelle Hessinger	Mechelle Brown	Terry Smith
1982:	Penn Manor	9:38.05	Joyce Burkholder	Carrie Zimmerman	Brenda Zimmerman	Jody Burkholder
1981:	Carlisle	9:39.82	Nancy Line	Deanne Pellici	Karen Henseler	Julie Bowers
1980:	Carlisle	9:34.75	Julie Bowers	Jill Roper	Karen Henseler	Joann Zierdt
1979:	Carlisle	9:38.28	Julie Bowers	Carol Brehm	Colleen Goodman	Joann Zierdt

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

GIRLS 4x800 METER RELAY CHAMPIONS CLASS 2A Record holder in bold italic letters and CAPS

2022:	Boiling Springs	9:45.74	Haylee Erme	Amanda Delevan	Sophia Felix	Anna Chamberlin
2021:	Boiling Springs	9:58.32	Anna Chamberlin	Karyn Yocum	Sophia Felix	Peyton Ellis
2020:	<i>Championships canceled (pandemic)</i>					
2019:	Camp Hill	9:50.35	Ava Brackett	Patrice Forcey	Julia Raich	Kaitlyn Vorkapich
2018:	Delone Catholic	9:51.59	Maddie Clabaugh	Sophie Gilbert	Becky Hernandez	Leanne Sneeringer
2017:	Camp Hill	10:02.89	Allison Einig	Laura Sakol	Samantha Smeal	Kaitlyn Vorkapich
2016:	Boiling Springs	9:53.22	Darien Kane	Elaina Clancy	Kirsten Strayer	Leanne Weaver
2015:	Trinity	9:39.94	Emily D'Amico	Katherine Long	Nora Shelly	Shannon Quinn
2014:	Trinity	9:44.35	Emily Dethlefs	Hannah Durbin	Emily D'Amico	Shannon Quinn
2013:	Camp Hill	9:35.39	Drew Anderson	Kelsey Bentz	Alli Herr	Zoe Matherne
2012:	Trinity	9:37.99	Anne Maffey	Amanda Kuszto	Emily Dethlefs	Shannon Quinn
2011:	BOILING SPRINGS	9:29.73	LAUREN LEHMAN	MEREDITH SPEAKMAN	CHARLOTTE SEARLE	LILLIE BROWN
2010:	Wyomissing	9:52.97	Casey Fromm	Erika Rist	Shelby Strauss	Victoria Cameron
2009:	Greenwood	9:46.79	Alyssa Cauffman	Bekah Goodling	Kim Campbell	Andi Matter
2008:	Boiling Springs	9:52.66	Erin Dowling	Nikki Sunderland	Kellie Dowling	Krissy Lobaugh
2007:	Boiling Springs	9:38.53	Kellie Dowling	Celeste Noll	Krissy Lobaugh	Kara Millhouse
2006:	Susquenita	9:54.92	Kristy Ulrich	Lexie Miller	Amanda Moore	Jamie McCollum
2005:	Boiling Springs	9:38.66	Celeste Noll	Danielle Marsh	Kara Millhouse	Anne Bohlen
2004:	James Buchanan	9:50.18	Ashleigh Helfrick	Shayna Weir	Alyssa Pickens	Aileen Martin
2003:	Wyomissing	9:41.55	Ashley Iwanowski	Jessie Schlegel	Karen Rogers	Gillian Goodrich
2002:	Wyomissing	9:56.61	Karen Rogers	Jessie Schlegel	Lauren Shaub	Ashley Iwanowski
2001:	Wyomissing	9:43.33	Debbie Huss	Caitlin Zacharias	Amy Huss	Joanna Sallade
2000:	Lancaster Catholic	10:01.27	Jessica Wallace	Amy Hanson	Dawn Hilgert	Allison Baumer
1999:	Boiling Springs	9:54.6	Becky Comman	Emily Falk	Melissa Lentz	Beth Moser
1998:	Camp Hill	9:49.3	Katie Feinour	Kristin Shenk	Katianne Green	Liz Shover
1997:	Trinity	10:00.0	Leanne Gryzboski	Chrissy Walker	Heather Fenwick	LeAnne Torchia
1996:	ELCO	10:00.4	Kelly Smith	Michelle Rossi	Melissa Spittler	Lauren Chatwick
1995:	Oley Valley	9:54.4	Karlyn Haas	Kathy Kent	Krista Ruth	Michele Palmertree
1994:	Milton Hershey	9:51.9	Aishia Stroop	Judy Debor	Emily Archambault	Amy Debor
1993:	Milton Hershey	9:57.0	Aishia Stroop	Judy Debor	Angela Szumowski	Amy Debor
1992:	Oley Valley	9:54.4	Karlyn Haas	Kathy Kent	Krista Ruth	Kate Frederick
1991:	Milton Hershey	9:52.4	Amy Debor	Tamika Peten	Camille Scott	Cathy Kanya
1990:	Eastern York	9:45.5	Laurie Mazur	Kim Sutch	Ethel Smith	Tracy Sollenberger
1989:	Eastern York	9:45.9	Laurie Mazur	Beth Dougherty	Ethel Smith	Tracy Sollenberger
1988:	Lancaster Catholic	9:46.7	Laura O'Donnell	Maybeth Dano	Lori Land	Kelly Tuinstra
1987:	Lancaster Catholic	9:59.4	Laura O'Donnell	Maybeth Dano	Lori Land	Kelly Tuinstra
1986:	Northern Lebanon	10:02.8	Ronnie Yingst	Laurie Eiler	Becky Groh	Kathy Wenrich
1985:	Milton Hershey	9:50.3	Sherylia Bradley	Ingrid Umana	Donna Geiser	Joanne Troischt
1984:	Twin Valley	9:41.9	Wendy Komnik	Julie Arontowicz	Deanna Welsh	Tammy Zink
1983:	Twin Valley	9:54.48	Wendy Komnik	Mary Patrick	Lisa Rechenberg	Deanna Walsh
1982:	Manheim Central	9:47.55	Heather Munro	Katie Becker	Michelle Gible	Dawn Bomberger
1981:	Dover	9:56.19	Joyce Rupert	Cheryl Irwin	Sue Pickerell	Molly Jones
1980:	Dover	9:53.10	Sharon Anderson	Jill Sellers	Sue Pickerell	Molly Jones
1979:	Camp Hill	9:41.80	Sally Johnson	Teresa Campbell	Sue Decker	Terry McKee

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

LINEAR EVENT CHAMPIONS Record holder in bold italic letters and CAPS

100-YARD DASH

CLASS 3A

1978:	Blondie Jackson	Harrisburg	10.99
1977:	Blondie Jackson	Harrisburg	10.93
1976:	Angel Doyle	Central Dauphin East	10.97
1975:	Angel Doyle	Central Dauphin East	11.0
1974:	ANGEL DOYLE	CENTRAL DAUPHIN EAST	10.91

CLASS 2A

Monica Beard	Twin Valley	11.73
BERNIE KOWALCZYK	TRINITY	11.6

220-YARD DASH

CLASS 3A

1978:	Blondie Jackson	Harrisburg	25.05
1977:	Blondie Jackson	Harrisburg	24.94
1976:	Angel Doyle	Central Dauphin East	24.7
	DOYLE SET RECORD OF 24.2 IN TRIALS		
1975:	Angel Doyle	Central Dauphin East	24.99
1974:	Angel Doyle	Central Dauphin East	24.66

CLASS 2A

BERNIE KOWALCZYK	TRINITY	25.98
Ramona Lattany	Scotland	26.6

440-YARD DASH

CLASS 3A

1978:	LAURA CARROLL	CENTRAL YORK	56.34
1977:	Laura Carroll	Central York	57.22
1976:	Veda Rankin	Harrisburg	56.8
1975:	Laurie Smith	Mechanicsburg	59.82
1974:	Ann Rickert	Garden Spot	1:00.13

CLASS 2A

Shellouise Grant	Susquehanna Township	58.36
RAMONA LATTANY	SCOTLAND	58.09

880-YARD RUN

CLASS 3A

1978:	Laurie Colby	Penn Manor	2:21.07
1977:	Debbie Keyser	Chambersburg	2:20.79
1976:	MARY RAWE	CAMP HILL	2:15.31
1975:	Mary Rawe	Camp Hill	2:19.59
1974:	Mary Rawe	Camp Hill	2:21.93

CLASS 2A

THERESA KAUFFMAN	EAST PENNSBORO	2:17.34
Jane Strouse	Exeter Township	2:18.93

MILE RUN

CLASS 3A

1978:	Meryl Schmidt	Hempfield	5:13.53
1977:	Rosalie Nordquist	Chambersburg	5:15.9
1976:	MARY RAWE	CAMP HILL	4:58.9
1975:	Mary Rawe	Camp Hill	5:06.43
1974:	Mary Rawe	Camp Hill	5:30.47

CLASS 2A

DONNA McLAIN	EASTERN YORK	5:03.04
Donna McLain	Eastern York	5:13.5

TWO-MILE RUN

CLASS 3A

1978:	EILEEN HORNBERGER	MUHLNBERG	11:20.51
1977:	Angie Bell	Chambersburg	11:25.65
Note:	The girls' two-mile run was introduced in 1977		

CLASS 2A

DONNA McLAIN	EASTERN YORK	11:15.05
Donna McLain	Eastern York	11:38.8

110-YARD HURDLES

CLASS 3A

1978:	PATTIE PIERCE	HARRISBURG	14.97
1977:	Debra Garland	Penn Manor	15.0

CLASS 2A

KIM LICHTY	TWIN VALLEY	15.07
Kim Lichty	Twin Valley	15.2

80-YARD HURDLES

CLASS 3A

1978:	BONNIE ZEHLER	WAYNESBORO	11.1
1977:	Jane Cartabiano	Conestoga Valley	11.22
1976:	Jamie Palmer	Garden Spot	11.26

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

LINEAR EVENT CHAMPIONS Record holder in bold italic letters and CAPS

440-YARD RELAY

CLASS 3A

1978:	HARRISBURG	48.0	KELLY OLIVER	RHONDA FERSTER	HARRIET HARBISON	BLONDIE JACKSON
1977:	Harrisburg	48.2	Kim Corbin	Harriet Harbison	Rhonda Fernster	Blondie Jackson
1976:	Harrisburg	48.6	Blondie Jackson	Harriet Harbison	Chris Reeves	Veda Rankin
1975:	Central Dauphin East	50.41	Vicki Doyle	Angel Doyle	Verna Bryant	Sherry Spence
1974:	Manheim Township	50.85	Kim Wielinga	Marty Greenawalt	Joy Swisher	Pam Frey

CLASS 2A

1978:	Scotland	50.60	Juanita Amey	Rose Ellis	Selma Tasker	Gayla Bradley
1977:	SUSQUEHANNA TOWNSHIP	50.55	TONYA PENN	ANN BILLMAN	DAWN BRENNER	LAURA FAHRENBAUGH

880-YARD RELAY

CLASS 3A

1976:	Cedar Cliff	1:47.4	Ann Pennwell	Joanne Natale	Marianne Tezak	Mary Colteryahn
1975:	HARRISBURG	1:46.7	SUE BROWN	SHERIDAN INGRAM	MARY STEELE	VEDA RANKIN
1974:	Manheim Township	1:46.80	Jan Swisher	Lynn Stoll	Joy Swisher	Pam Frey

880-YARD MEDLEY RELAY

CLASS 3A

1977:	MANHEIM CENTRAL	1:49.98	LINDA JACKSON	MARY FORNEY	LESLIE UNGER	JoANN WALKER
1976:	Hempfield	1:50.44	Diane Groff	Sallie Munday	Anne Gabriel	Linda Eby
1975:	Hempfield	1:52.98	Sue Strait	Deb Eby	Pat Wickenheiser	Marilyn Ott
1974:	Hempfield	1:51.6	JoAnn Harriger	Marilyn Ott	Sue Strait	Pat Wickenheiser

CLASS 2A

1977:	SCOTLAND	1:52.33	GAYLE BRADLEY	SHEILA BRADLEY	MISSY MASLEY	RAMONA LATTANY
-------	-----------------	----------------	----------------------	-----------------------	---------------------	-----------------------

MILE RELAY

CLASS 3A

1978:	CHAMBERSBURG	4:02.94	STACI TOLBERT	CHARENA SHAFFER	CHRYSTAL FRYE	CYNTHIA HIRES
1977:	Hempfield	4:04.87	Diane Groff	Marilyn Senz	Meryl Schmidt	Linda Eby

CLASS 2A

1978:	EAST PENNSBORO	4:06.86	KERRY HAERTSCH	DONNA BARTON	KAREN SHUTT	THERESA KAUFFMAN
1977:	Exeter Township	4:07.66	Jane Strause	Mary Jane Kearney	Chris Lange	Dee Dee Kantner

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

METRIC CHAMPIONS BY SCHOOL

Note: Shared titles are counted as a whole championship for the purpose of this category

100 METER DASH (86 champions)	200 METER DASH (86 champions)	400 METER DASH (86 champions)	800 METER RUN (86 champions)
8: Milton Hershey	9: Milton Hershey	14: Harrisburg	7: Carlisle
7: Reading	7: Harrisburg	6: Schuylkill Valley	6: Boiling Springs
5: Annville-Cleona Central Dauphin East Chambersburg	6: Central Dauphin East	5: Milton Hershey	4: Camp Hill Cumberland Valley
4: Kutztown York Catholic	5: Reading	4: Delone Catholic Susquehanna Twp.	3: Dover Greencastle-Antrim Holy Name Lebanon Red Lion Trinity York Suburban
3: Governor Mifflin Manheim Township Scotland School South Western	4: J.P. McCaskey Kutztown York Catholic	3: Harrisburg Christian Kutztown Penn Manor Spring Grove Trinity West York Wyomissing	2: Big Spring Hershey Delone Catholic Lampeter-Strasburg Lower Dauphin Manheim Township Milton Hershey Northern Lebanon Northern York Oley Valley Warwick West Perry Wilson
2: Boiling Springs Cedar Cliff Delone Catholic Ephrata Harrisburg Schuylkill Valley Spring Grove Tulpehocken West York	3: Annville-Cleona Bishop McDevitt Carlisle Manheim Township Schuylkill Valley Susquehanna Twp.	2: Bishop McDevitt Carlisle Conrad Weiser Hempfield J.P. McCaskey Middletown West Perry Wilson	1: Biglerville Central Catholic East Pennsboro ELCO Elizabethtown Governor Mifflin Hanover Hempfield J.P. McCaskey James Buchanan Lancaster Catholic Manheim Central Mechanicsburg Penn Manor Schuylkill Valley Susquehannock Tulpehocken Wyomissing
1: Berks Christian Bishop McDevitt Carlisle Central Dauphin Conestoga Valley Dallastown Donegal Fairfield Hempfield J.P. McCaskey Lampeter-Strasburg Lancaster Mennonite Lititz Christian Oley Valley Red Land Trinity Twin Valley Warwick	2: Biglerville Boiling Springs Chambersburg Governor Mifflin Harrisburg Christian Hempfield Scotland School Spring Grove Tulpehocken West York	1: Berks Christian Biglerville Central Dauphin East Central York Chambersburg Donegal East Pennsboro Littlestown Manheim Township Palmyra Reading Red Lion Scotland School Shippensburg Solanco York William Penn	
	1: Berks Christian Dallastown Fairfield Lampeter-Strasburg Lancaster Mennonite Red Land Solanco Warwick Wilson		

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS

METRIC-LINEAR EVENT CHAMPIONS

1600 METER RUN (86 champions)

- 6: Eastern York
- 5: Boiling Springs
Wyomissing
- 4: Camp Hill
Solanco
- 3: Governor Mifflin
Greencastle-Antrim
Mechanicsburg
Milton Hershey
Northern York
Oley Valley
Penn Manor
Shippensburg
York Suburban
- 2: Cedar Crest
Chambersburg
Cumberland Valley
Hamburg
Kutztown
Lancaster Catholic
Lancaster Mennonite
Lower Dauphin
Northern Lebanon
Wilson
- 1: Carlisle
Cedar Cliff
Columbia
Dallastown
Donegal
ELCO
Greenwood
Hershey
Holy Name
Manheim Township
Middletown
Muhlenberg
New Oxford
Red Lion
Susquehanna Twp.

3200 METER RUN (86 champions)

- 7: Wyomissing
- 5: Boiling Springs
Cedar Cliff
Cumberland Valley
Milton Hershey
- 4: Camp Hill
- 3: Cocalico
Eastern York
Greencastle-Antrim
Lower Dauphin
Northern York
Solanco
York Catholic
- 2: Big Spring
Boyertown
Cedar Crest
Hershey
Lancaster Catholic
Northern Lebanon
Oley Valley
Upper Dauphin
- 1: Annville-Cleona
Central Catholic
Columbia
Donegal
ELCO
Governor Mifflin
Hamburg
Holy Name
Kutztown
Mechanicsburg
Middletown
Muhlenberg
New Oxford
Northeastern
Palmyra
Shippensburg
Wilson
York Suburban

100 METER HURDLES (86 champions)

- 10: Harrisburg
- 9: Milton Hershey
- 5: Reading
- 4: Bermudian Springs
Garden Spot
Susquehanna Twp.
- 3: Carlisle
Conestoga Valley
Wyomissing
- 2: Central Dauphin East
Delone Catholic
Eastern York
Elizabethtown
Holy Name
Penn Manor
Schuylkill Valley
Scotland School
Solanco
- 1: Annville-Cleona
Bermudian Springs
Bishop McDevitt
Boiling Springs
Dallastown
Dover
ELCO
Governor Mifflin
Greenwood
Hanover
Hempfield
Hershey
J.P. McCaskey
Lampeter-Strasburg
Lancaster Catholic
Littlestown
Manheim Township
Muhlenberg
New Oxford
Shippensburg
Trinity
York Suburban
York William Penn

300 METER HURDLES (80 champions)

- 7: Milton Hershey
- 6: Harrisburg
- 3: Cumberland Valley
Garden Spot
Scotland School
Spring Grove
Trinity
- 2: Bishop McDevitt
Boiling Springs
Delone Catholic
Ephrata
Fairfield
Governor Mifflin
Greenwood
Harrisburg
Palmyra
Schuylkill Valley
South Western
Wyomissing
York Suburban
- 1: Annville-Cleona
Camp Hill
Carlisle
Chambersburg
Conestoga Valley
Dallastown
ELCO
Hempfield
Hershey
Holy Name
J.P. McCaskey
Kutztown
Lower Dauphin
Millersburg
New Oxford
Oley Valley
Reading
Shippensburg
Solanco
Susquehanna Twp.
Susquenita
Upper Dauphin
Warwick
West Perry
Wilson
York William Penn

PIAA DISTRICT III GIRLS TRACK AND FIELD CHAMPIONSHIPS METRIC-LINEAR EVENT CHAMPIONS

4x100 METER RELAY (87 champions)

- 17: Milton Hershey
- 6: Harrisburg
- 5: Susquehanna Twp.
- 4: Bishop McDevitt
Central Dauphin East
J.P. McCaskey
Scotland School
- 3: Carlisle
Delone Catholic
Lampeter-Strasburg
Reading
South Western
- 2: Annville-Cleona
Cedar Cliff
Dover
Governor Mifflin
Schuylkill Valley
Trinity
Warwick
Wyomissing
- 1: Boiling Springs
Camp Hill
Cedar Crest
Cumberland Valley
Daniel Boone
Fairfield
Hempfield
Penn Manor
Red Land
West York
York Catholic

4x400 METER RELAY (86 champions)

- 16: Milton Hershey
- 10: Harrisburg
- 5: J.P. McCaskey
Trinity
Warwick
Wyomissing
- 3: Boiling Springs
Carlisle
Cumberland Valley
- 2: Biglerville
Bishop McDevitt
Central Dauphin East
Dover
South Western
Susquehanna Twp.
Wilson
- 1: Camp Hill
Cedar Cliff
Chambersburg
Dallastown
Delone Catholic
Donegal
East Pennsboro
Fairfield
Greenwood
Kutztown
Lancaster Catholic
Littlestown
Manheim Central
Northern York
Red Lion
Scotland
Solanco
Spring Grove

4x800 METER RELAY (86 champions)

- 8: Boiling Springs
- 6: Carlisle
- 5: Camp Hill
Cumberland Valley
Solanco
- 4: Lancaster Catholic
Milton Hershey
Palmyra
Penn Manor
Trinity
Warwick
Wyomissing
- 3: J.P. McCaskey
Manheim Township
- 2: Dover
Eastern York
Hempfield
Manheim Central
Oley Valley
Twin Valley
Wilson
- 1: Chambersburg
Delone Catholic
ELCO
Eizabetshtown
Greenwood
James Buchanan
Northern Lebanon
Red Lion
Susquenita