



2020-2021 DISTRICT III M&T BANK CROSS COUNTRY CHAMPIONSHIPS

TO: District III Principals – Athletic Directors – Cross Country Coaches - Officials - Media
FROM: Hal Griffiths, Cross Country Chairman
DATE: August 24, 2020

Please read this memo carefully; there are many changes from the previous years!

The 2020 District III M&T Bank Cross Country Championships will be held at Big Spring High School in Newville, PA

Saturday, October 31, 2020

Girls 1A 10:00 AM

Boys 1A 10:45 AM

Girls 2A 11:45 PM

Boys 2A. 12:45 PM

Girls 3A 1:45 PM

Boys 3A 2:45 PM

Because of the restrictions imposed because Covid-19 and the necessity to reduce meet expenses for this year, the number of participants will be reduced. Therefore...

This meet is NOT an all comers meet. Teams and individuals MUST qualify through their league championship meets. League championship meets will be the only qualifying venue. Times/finishes at other meets will not be accepted.

Qualifying for 2A and 3A:

Each of the four major leagues in District 3 (Mid Penn, Lancaster-Lebanon, York-Adams, and Berks) will send the top two teams and the top ten (10) individual runners who are not members of the two qualifying teams from 2A and 3A classifications to the district meet.

Qualifying for 1A:

Because the 1A schools are spread across six leagues plus independents, and because the number of 1A participants is small, all 1A schools/runners are invited to attend the district meet.





Qualifying for 2A and 3A schools (teams) not affiliated with one of the leagues:

Teams not affiliated with a league must make arrangements to attend one of the league meets. Qualification will occur based on these guidelines:

- To qualify as a team, the team must finish first or second of all teams in your classification.
- To qualify individuals, individual runners must finish ahead of the tenth league runner in your classification.
- Independent school qualifiers WILL NOT DISPLACE runners from the league meet, but will be additions.

COURSE/FACILITY USAGE

It is absolutely prohibited for any team or individual to walk, jog or run the course prior to **3:00 pm** on Friday, October 30th.

The course will be open from 3:00 PM until 5:30 PM on Friday, October 30. Coaches may pick up information packets during that time at the building by the finish line. Computer chips must be picked up on Saturday morning at the building.

Big Spring HS is in session on the 30th. Please do not arrive prior to 3:00!!!

RACE DAY GUIDELINES

- Please plan on arriving in time to warm up for your race. Please do not arrive earlier than necessary.
- Please leave the facility at the conclusion of your race.
- Team tents are prohibited on Big Spring property.

RESTRICTED AREA:

The chute stretching from the finish line to the end of the barriers is designated as part of the area of competition. Removal of part of the team uniform (except shoes) is illegal and grounds for disqualification. Spectators are not permitted in this area.

TEE SHIRTS

District III Cross Country shirts will be available for purchase.

CHIPS AND BIB NUMBERS

We will again be using the computer chip scoring system this year with the FinishLynx cameras. Each competitor will be assigned a bib number and a computer chip for a shoe. Chips must be picked up by coaches on race day. Chips will NOT be given out prior to the day of the race.

There is a per chip charge to your school of **\$30** for each chip that is not returned. Chips that are returned after the PIAA state meet will incur a **\$10** charge to cover postage and handling.

Parking for team buses on Friday and Saturday will be in the designated parking lot.





AWARDS

There will not be award ceremonies this year. Coaches should come to the administration building to pick up your team awards when you return your chips.

- Top Ten (10) runners will receive medals in Boys & Girls 1A.
- Top Twenty (20) runners will receive medals in Boys & Girls 2A
- Top Twenty (20) runners will receive medals in Boys & Girls 3A
- Team Trophy for the District III Champion in each class.
- Ten medals will be awarded to the members of the District Team Champion in each class.

COURSE MARKINGS

The course will again be marked with directional flags + posts and a painted double white line.

Flag Designations: *Red Flag - - - Turn to the Left*
 Yellow Flag - Turn to the Right
 Blue Flag -- - Straight Ahead

DISTRICT III STATE QUALIFIERS - REVISED ON OCTOBER 7, 2020

The PIAA Cross Country Championships qualifiers will be reduced for this year. PIAA qualifiers from District III are as follows:

1A Boys & Girls: One team plus the top 5 runners not on the championship team.

2A Boys & Girls: One team plus **the top 6 runners not on the championship team.**

3A Boys & Girls: One team plus **the top 12 runners not on the championship team.**

The championship team and the number of runners listed above from each classification will advance to the PIAA Cross Country Championships to be held on November 6-7, 2020, at the Parkview Course in Hershey, PA.

Class 1A championship races will be held on Friday, November 6

Class 2A and 3A championship races will be held on Saturday, November 7

All teams and individuals who qualify for the State Championship meet will be registered by District III. Access www.piaa.org for state meet information.

Due to a board of control (PIAA) decision on July 22, 1993, the State Championships will determine team scores by "re-ranking". Our District Meet also will "re-rank" to determine the team scores. (All competitors who finish the race shall be ranked and tallied in accordance with their place of finish. The team score shall then be determined by totaling the points scored by the first five (5) finishers of each team. The team which scores the smallest number of points is the winner. If fewer than five (5) competitors of a team finish, the places of all members of that team shall be disregarded and the team scores "re-ranked.")



SPECTATORS

Spectators will not be admitted onto the Big Spring HS campus. **Please** ask your parents to respect this decision. The fact that most, if not all, fans will make their way to the finish area to watch the end of each race, we would potentially have 300-400 in the finish line area when each race ends. We do not believe this will be safe.

LIVESTREAMING

We will have cameras set up to live-stream parts of the races. More information about that will be posted on the District III website (www.piaad3.org) as we get closer to race day.

ON-LINE REGISTRATION INFORMATION

Class 2A and Class 3A coaches of teams and individuals who qualify for the meet should register on the MileSplit.com registration page ASAP after their respective league meets. For all Class 1A participants, the registration page on MileSplit.com **is now open**.

ALL ENTRIES MUST BE RECEIVED BY NOON ON MONDAY, OCTOBER 26, 2020

Note: Coaches may enter a maximum of 8 runners, but only 7 can run at the meet.

Please contact Hal Griffiths if you have a problem or if you need further information.

School-- 717-737-3550 Cell--717-802-5334 Email--hgriffiths@yahoo.com

District 3 Girls Cross Country (Classification Season: 20/21)

<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u> ▲
<u>The Stone Independent School</u>	A	19
<u>ANCHOR CHRISTIAN ACADEMY</u>	A	20
<u>Covenant Christian Academy</u>	A	23
<u>Lancaster County Christian</u>	A	24
<u>Logos Academy</u>	A	27
<u>Dayspring Christian Academy</u>	A	29
<u>Christian School Of York</u>	A	30
<u>Veritas Academy</u>	A	30
<u>York Country Day School</u>	A	31
<u>Mount Calvary Christian School</u>	A	32
<u>Harrisburg Academy</u>	A	35
<u>Lititz Christian School</u>	A	35
<u>West Shore Christian Academy</u>	A	35
<u>Greenwood High School</u>	A	84
<u>Lancaster Country Day School</u>	A	101





District 3 Girls Cross Country (Classification Season: 20/21)

School	Classification	Female Enrollment
<u>Antietam High School</u>	A	120
<u>Fairfield High School</u>	A	120
<u>Linden Hall</u>	A	120
<u>Newport High School</u>	A	139
<u>Columbia High School</u>	A	140
<u>Delone Catholic High School</u>	A	142
<u>Lancaster Mennonite High School</u>	AA	146
<u>Brandywine Heights High School</u>	A	159
<u>York Catholic High School</u>	A	159
<u>Susquenita High School</u>	A	166
<u>Annville-Cleona High School</u>	A	167
<u>Camp Hill High School</u>	A	168
<u>Pequea Valley High School</u>	AA	171
<u>Kutztown Area High School</u>	AA	180
<u>Trinity High School</u>	AA	180
<u>Biglerville High School</u>	AA	181
<u>Lancaster Catholic High School</u>	AA	199
<u>Oley Valley High School</u>	AA	200
<u>Littlestown High School</u>	AA	226
<u>Boiling Springs High School</u>	AA	227
<u>Wyomissing Area High School</u>	AA	227
<u>Bermudian Springs High School</u>	AA	228
<u>Schuylkill Valley High School</u>	AA	237
<u>Middletown Area High School</u>	AA	240
<u>Hamburg Area High School</u>	AA	242
<u>Bishop McDevitt High School</u>	AA	247
<u>James Buchanan High School</u>	AA	250
<u>Eastern York High School</u>	AA	254
<u>Kennard Dale High School</u>	AA	254
<u>Northern Lebanon High School</u>	AA	257
<u>Octorara Area High School</u>	AA	272
<u>Susquehanna Township High School</u>	AA	281
<u>Big Spring High School</u>	AA	285
<u>East Pennsboro Area High School</u>	AA	295
<u>Eastern Lebanon County High School</u>	AA	299
<u>Conrad Weiser High School</u>	AA	301
<u>Berks Catholic School</u>	AA	302





District 3 Girls Cross Country (Classification Season: 20/21)

<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u>
<u>West Perry High School</u>	AA	303
<u>West York Area High School</u>	AA	322
<u>Fleetwood Area High School</u>	AA	331
<u>Lampeter Strasburg High School</u>	AA	356
<u>Greencastle Antrim High School</u>	AAA	360
<u>Donegal High School</u>	AAA	361
<u>Manheim Central High School</u>	AAA	366
<u>Susquehannock High School</u>	AAA	366
<u>Dover Area High School</u>	AAA	369
<u>Gettysburg Area High School</u>	AAA	369
<u>Cocalico High School</u>	AAA	372
<u>Garden Spot High School</u>	AAA	372
<u>York Suburban High School</u>	AAA	375
<u>Milton Hershey High School</u>	AAA	389
<u>Daniel Boone High School</u>	AAA	397
<u>Shippensburg Area High School</u>	AAA	397
<u>Solanco High School</u>	AAA	406
<u>Spring Grove Area High School</u>	AAA	409
<u>Red Land High School</u>	AAA	416
<u>Twin Valley High School</u>	AAA	420
<u>Palmyra Area High School</u>	AAA	430
<u>Northern York High School</u>	AAA	431
<u>Mechanicsburg Area Senior High School</u>	AAA	443
<u>South Western High School</u>	AAA	443
<u>Waynesboro Area High School</u>	AAA	445
<u>Lower Dauphin High School</u>	AAA	449
<u>Northeastern High School</u>	AAA	452
<u>New Oxford High School</u>	AAA	458
<u>Exeter Township High School</u>	AAA	469
<u>Hershey High School</u>	AAA	469
<u>Elizabethtown Area High School</u>	AAA	471
<u>Muhlenberg High School</u>	AAA	473
<u>Cedar Cliff High School</u>	AAA	474
<u>Conestoga Valley High School</u>	AAA	486
<u>Warwick High School</u>	AAA	487
<u>Ephrata Area High School</u>	AAA	508
<u>Cedar Crest High School</u>	AAA	527





District 3 Girls Cross Country (Classification Season: 20/21)

School	Classification	Female Enrollment
<u>Lebanon High School</u>	AAA	529
<u>Red Lion Area High School</u>	AAA	542
<u>Central Dauphin East High School</u>	AAA	553
<u>Governor Mifflin High School</u>	AAA	561
<u>Carlisle High School</u>	AAA	589
<u>York County School of Technology</u>	AAA	605
<u>Penn Manor High School</u>	AAA	606
<u>Manheim Township High School</u>	AAA	672
<u>Central Dauphin High School</u>	AAA	677
<u>Central York High School</u>	AAA	738
<u>Dallastown Area High School</u>	AAA	760
<u>Wilson High School</u>	AAA	777
<u>HEMPFIELD HIGH SCHOOL</u>	AAA	812
<u>Chambersburg Area High School</u>	AAA	820
<u>J P McCaskey High School</u>	AAA	1014
<u>Cumberland Valley High School</u>	AAA	1091
<u>Reading High School</u>	AAA	1933

District 3 Boys Cross Country (Classification Season: 20/21)

School	Classification	Male Enrollment
<u>ANCHOR CHRISTIAN ACADEMY</u>	A	9
<u>Covenant Christian Academy</u>	A	18
<u>Logos Academy</u>	A	19
<u>Veritas Academy</u>	A	19
<u>Christian School Of York</u>	A	23
<u>The Stone Independent School</u>	A	24
<u>Harrisburg Christian School</u>	A	26
<u>Lancaster County Christian</u>		26
<u>York Country Day School</u>	A	26
<u>West Shore Christian Academy</u>	A	29
<u>Lititz Christian School</u>	A	31
<u>Dayspring Christian Academy</u>	A	36
<u>Harrisburg Academy</u>	A	41
<u>Mount Calvary Christian School</u>	A	51
<u>Lancaster Country Day School</u>	A	82
<u>Lancaster Mennonite High School</u>	AA	122



District 3 Boys Cross Country (Classification Season: 20/21)

School	Classification	Male Enrollment
<u>Fairfield High School</u>	A	125
<u>Newport High School</u>	A	127
<u>Delone Catholic High School</u>	A	128
<u>Antietam High School</u>	A	130
<u>York Catholic High School</u>	A	149
<u>Camp Hill High School</u>	A	160
<u>Columbia High School</u>	A	161
<u>Tulpehocken High School</u>	A	162
<u>Kutztown Area High School</u>	A	165
<u>Trinity High School</u>	A	172
<u>Pegua Valley High School</u>	AA	188
<u>Susquenita High School</u>	AA	189
<u>Biglerville High School</u>	AA	196
<u>Brandywine Heights High School</u>	AA	202
<u>Lancaster Catholic High School</u>	AA	203
<u>Annville-Cleona High School</u>	AA	204
<u>Oley Valley High School</u>	AA	215
<u>Berks Catholic School</u>	AA	231
<u>Bermudian Springs High School</u>	AA	232
<u>Wyomissing Area High School</u>	AA	238
<u>Schuylkill Valley High School</u>	AA	243
<u>Littlestown High School</u>	AA	248
<u>Boiling Springs High School</u>	AA	255
<u>Middletown Area High School</u>	AA	255
<u>Hamburg Area High School</u>	AA	264
<u>Bishop McDevitt High School</u>	AA	268
<u>Susquehanna Township High School</u>	AA	270
<u>Northern Lebanon High School</u>	AA	272
<u>West Perry High School</u>	AA	274
<u>Eastern Lebanon County High School</u>	AA	292
<u>Eastern York High School</u>	AA	296
<u>James Buchanan High School</u>	AA	298
<u>Kennard Dale High School</u>	AA	298
<u>East Pennsboro Area High School</u>	AA	303
<u>Big Spring High School</u>	AA	307
<u>Fleetwood Area High School</u>	AA	310
<u>Octorara Area High School</u>	AA	315





District 3 Boys Cross Country (Classification Season: 20/21)

<u>School</u>	<u>Classification</u>	<u>Male Enrollment</u>
<u>Conrad Weiser High School</u>	AA	325
<u>Donegal High School</u>	AA	352
<u>West York Area High School</u>	AA	354
<u>Susquehannock High School</u>	AA	357
<u>Lampeter Strasburg High School</u>	AA	365
<u>Greencastle Antrim High School</u>	AA	372
<u>Cocalico High School</u>	AAA	385
<u>Garden Spot High School</u>	AAA	392
<u>Milton Hershey High School</u>	AAA	397
<u>Northern York High School</u>	AAA	398
<u>Manheim Central High School</u>	AAA	402
<u>Shippensburg Area High School</u>	AAA	402
<u>York Suburban High School</u>	AAA	402
<u>Twin Valley High School</u>	AAA	424
<u>Lower Dauphin High School</u>	AAA	426
<u>Gettysburg Area High School</u>	AAA	428
<u>Daniel Boone High School</u>	AAA	429
<u>Dover Area High School</u>	AAA	432
<u>Red Land High School</u>	AAA	433
<u>Spring Grove Area High School</u>	AAA	452
<u>Solanco High School</u>	AAA	454
<u>Palmyra Area High School</u>	AAA	460
<u>Hershey High School</u>	AAA	464
<u>Northeastern High School</u>	AAA	469
<u>New Oxford High School</u>	AAA	475
<u>Elizabethtown Area High School</u>	AAA	495
<u>Ephrata Area High School</u>	AAA	499
<u>Exeter Township High School</u>	AAA	499
<u>South Western High School</u>	AAA	501
<u>Mechanicsburg Area Senior High School</u>	AAA	504
<u>Warwick High School</u>	AAA	505
<u>Waynesboro Area High School</u>	AAA	518
<u>Conestoga Valley High School</u>	AAA	528
<u>Muhlenberg High School</u>	AAA	530
<u>Cedar Cliff High School</u>	AAA	552
<u>Lebanon High School</u>	AAA	571
<u>Red Lion Area High School</u>	AAA	576





District 3 Boys Cross Country (Classification Season: 20/21)

<u>School</u>	<u>Classification</u>	<u>Male Enrollment</u>
<u>Governor Mifflin High School</u>	AAA	582
<u>Cedar Crest High School</u>	AAA	588
<u>Central Dauphin East High School</u>	AAA	617
<u>Carlisle High School</u>	AAA	632
<u>Penn Manor High School</u>	AAA	654
<u>York County School of Technology</u>	AAA	704
<u>Central Dauphin High School</u>	AAA	717
<u>Manheim Township High School</u>	AAA	739
<u>Wilson High School</u>	AAA	766
<u>Dallastown Area High School</u>	AAA	784
<u>Central York High School</u>	AAA	826
<u>HEMPFIELD HIGH SCHOOL</u>	AAA	857
<u>Chambersburg Area High School</u>	AAA	868
<u>J P McCaskey High School</u>	AAA	1074
<u>Cumberland Valley High School</u>	AAA	1078
<u>Reading High School</u>	AAA	2148

