



PENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION
— DISTRICT THREE —

TO: PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING COACHES
AND DIVING COACHES

FROM: DONALD SEIDENSTRICKER
DISTRICT III SWIMMING AND DIVING CHAIRPERSON

DATE: December 14, 2019

RE: 2019-2020 DISTRICT III M&T BANK SWIMMING & DIVING CHAMPIONSHIPS
DATES AND LOCATIONS
2019-2020 SWIMMING AND DIVING QUALIFYING GUIDELINES

The purpose of this memo is to provide you with important information related to the 2019-2020 District III M&T Bank Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. We ask that you review all guidelines and if you have any questions, please contact me at **717-870-8042**. All schools should plan to enter your swimmers and divers for the District III Championships by using [the online-entry procedure at Omadatrak \(diving\) and Meet Manager \(Swimming\)](#) that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT 2019-2020 DISTRICT III SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
Monday January 6, 2020 (tentative)	Posting of District III Swimming and Diving Information on District III Website	piaad3.org	
Monday February 3, 2020	District III Swimming and Diving Entry Procedures Available Online	piaad3.org	
Tuesday, February 18, 2020	Practice 2A Diving Championships	Big Spring High School	5:00-8:00 PM
Wednesday, February 19, 2020	District III 2A Diving Championships	Big Spring High School (5:00PM Warm-Up)	6:00 PM
Friday, February 21, 2020	Practice 3A Diving Championships	Wilson High School	5:30-8:30 PM
Saturday, February 22, 2020	District III 3A Diving Championships	Wilson High School (9:00AM Warm-Up / Boys AM / Girls PM)	10:00 AM
Friday, February 28, 2020 Saturday, February 29, 2020	District III 2A & 3A Swimming Championships	Cumberland Valley High School	12:00 PM

(CONTINUED)



2020 DISTRICT III DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <thead> <tr> <th style="text-align: left; padding-right: 20px;"><u>League</u></th> <th style="text-align: center; padding-right: 20px;"><u>3A</u></th> <th style="text-align: center;"><u>2A</u></th> </tr> </thead> <tbody> <tr> <td>Central Penn</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> <tr> <td>Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td>Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> </tr> <tr> <td>York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> </tbody> </table> <p>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet)</p> <p><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></p> <p>Each optional dive proof must show a “Judge’s Total Score” of 13.0 or higher to be accepted. Dives with a “Judge’s Total Score” of less than 13.0 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <thead> <tr> <th colspan="2" style="text-align: center; padding-right: 40px;"><u>GIRLS</u></th> <th colspan="2" style="text-align: center;"><u>BOYS</u></th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">2A</td> <td style="text-align: center;">11.5</td> <td style="text-align: center;">2A</td> <td style="text-align: center;">11.7</td> </tr> <tr> <td style="text-align: center;">3A</td> <td style="text-align: center;">11.8</td> <td style="text-align: center;">3A</td> <td style="text-align: center;">12.0</td> </tr> </tbody> </table>	<u>League</u>	<u>3A</u>	<u>2A</u>	Central Penn	3 divers	1 diver	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver	<u>GIRLS</u>		<u>BOYS</u>		2A	11.5	2A	11.7	3A	11.8	3A	12.0
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2020 DISTRICT III SWIMMING ENTRY GUIDELINES
MEETING THESE GUIDELINES GUARANTEES ENTRY

EVENT	GIRLS 2A	GIRLS 3A	BOYS 2A	BOYS 3A
200 Medley Relay	1:58.97 (16)	1:52.32 (16)	1:48.42 (16)	1:39.18 (16)
200 Freestyle	2:02.68 (24)	1:59.69 (32)	1:54.52 (24)	1:47.42 (32)
200 Individual Medley	2:19.34 (24)	2:17.53 (32)	2:10.56 (24)	2:00.54 (32)
50 Freestyle	25.70 (24)	24.82 (32)	23.58 (24)	22.32 (32)
100 Butterfly	1:05.04 (24)	1:00.46 (32)	58.92 (24)	54.15 (32)
200 Freestyle Relay	1:44.93 (16)	1:41.49 (16)	1:33.62 (16)	1:29.32 (16)
100 Freestyle	55.26 (24)	54.52 (32)	50.90 (24)	48.23 (32)
500 Freestyle	5:27.01 (24)	5:27.25 (32)	5:15.05 (24)	4:52.48 (32)
100 Backstroke	1:01.69 (24)	1:01.63 (32)	58.75 (24)	56.09 (32)
100 Breaststroke	1:11.89 (24)	1:09.40 (32)	1:05.82 (24)	1:02.66 (32)
400 Freestyle Relay	3:59.39 (16)	3:43.57 (16)	3:27.27 (16)	3:17.01 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR "2A" AND "3A" INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

*****PLEASE BE ADVISED TO ENTER ANY ATHLETE WHOSE TIME YOU FEEL MAY FALL WITHIN NUMBER ACCEPTED EVEN IF BELOW THE GUARANTEED TIME LISTED!**

