



2019-2020 PIAA DISTRICT III CROSS COUNTRY CHAMPIONSHIPS

TO: District III Principals – Athletic Directors – Cross Country Coaches – Officials - Media
FROM: Hal Griffiths, Cross Country Chairman
DATE: August 5, 2019

The District III Cross Country Championships will be held at Big Spring High School in Newville, PA

Saturday, October 26, 2019

Girls 1A 10:00 AM

Boys 1A 10:45 AM

A Girls & Boys Awards immediately following the A Boys race.

Girls 2A 11:30 AM

Boys 2A 12:15 PM

AA Girls & Boys Awards immediately following the AA Boys race.

Girls 3A 1:15 PM

Boys 3A 2:00 PM

AAA Girls & Boys Awards immediately following the AAA Boys race.

DISTRICT III WILL NO LONGER IMPOSE QUALIFYING STANDARDS FOR THE DISTRICT III CHAMPIONSHIP MEET.

Coaches are strongly encouraged to only enter runners capable of competing in a championship meet. It is expected that all runners are capable of finishing the course in under 25 minutes for boys and 27 minutes for girls.





Registration Method for 2019 is the same as it was in 2018!!!!

Register for the District III meet by using MileSplit.com
Registration will close at noon on Monday, October 21.

COURSE / FACILITY USAGE

It is absolutely prohibited for any team or individual to walk, jog or run the course prior to **3:00 pm** on **Friday, October 25th**.

The course will be open from 3:00 PM until 5:30 PM on **Friday, October 25**. Coaches may pick up information packets during that time at the building by the finish line. Computer chips must be picked up on Saturday morning at the building.

Big Spring HS is in session on the 25th. Please do not arrive prior to 3:00!!!

RESTRICTED AREA: The chute stretching from the finish line to the end of the barriers is designated as part of the area of competition. Removal of part of the team uniform (except shoes) is illegal and grounds for disqualification. Spectators are not permitted in this area.

CHIPS AND BIB NUMBERS

We will again be using the computer chip scoring system this year with the Finish Lynx cameras. Each competitor will be assigned a bib number and a computer chip for a shoe. Chips must be picked up by coaches on race day. Chips will NOT be given out prior to the day of the race.

There is a per chip charge to your school of **\$30** for each chip that is not returned. Chips that are returned after the PIAA state meet will incur a **\$10** charge to cover postage and handling.

Parking for team buses on Friday and Saturday will be in the designated parking lot.

Parking for all spectators and fans will be in the Big Spring HS parking lot.





AWARDS

Awards will be presented immediately following the conclusion of each class at the bleachers past the finish line. The following awards will be given:

- Top Ten (10) runners will be presented medals in Boys & Girls 1A.
- Top Twenty (20) runners will be presented medals in Boys & Girls 2A
- Top Twenty (20) runners will be presented medals in Boys & Girls 3A
- Team Trophy for District Champion in each class.
- Ten medals will be awarded to the members of the District Team Champion in each class.

COURSE MARKINGS

The course will again be marked with directional flags + posts and a painted double white line.

Flag Designations: *Red Flag - - - Turn to the Left*
 Yellow Flag - Turn to the Right
 Blue Flag -- - Straight Ahead

DISTRICT III STATE QUALIFIERS

- Girls 1A:** One (1) team and five (5) additional runners.
- Girls 2A:** Three (3) teams and fifteen (15) additional runners.
- Girls 3A:** Four (4) teams and twenty (20) additional runners.
- Boys 1A:** One (1) teams and five (5) additional runners.
- Boys 2A:** Three (3) teams and fifteen (15) additional runners.
- Boys 3A:** Four (4) teams and twenty (20) additional runners.

All teams and individuals who qualify for the State Championship meet will be registered by District III. Access www.piaa.org for meet information.

Due to a board of control (PIAA) decision on July 22, 1993, the State Championships will determine team scores by "re-ranking". Our District Meet also will "re-rank" to determine the team scores. (All competitors who finish the race shall be ranked and tallied in accordance with their place of finish. The team score shall then be determined by totaling the points scored by the first five (5) finishers of each team. The team which scores the smallest number of points is the winner. If fewer than five (5) competitors of a team finish, the places of all members of that team shall be disregarded and the team scores "re-ranked".)





SPECTATOR ADMISSION FEE

The District will charge \$10 per vehicle with two or more occupants and \$5 for individual arrivals. The District cited increasing costs as the reason to charge admission at Cross Country.

ON-LINE REGISTRATION INFORMATION

All registrations must be done on the MileSplit.com registration page.

ALL ENTRIES MUST BE RECEIVED BY NOON ON MONDAY, OCTOBER 21, 2019

Note: Coaches may enter a maximum of 8 runners, but only 7 can run at the meet.

Please contact Hal Griffiths if you have a problem or if you need further information.

School-- 717-737-3550 Cell--717-802-5334 Email--hgriffiths@yahoo.com





District III Girls Cross Country Schools by Enrollment

1 - 183	1A
184 - 356	2A
357 AND ABOVE	3A

<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u>
Annville Cleona High School	A	157
Berks Christian School	A	18
Camp Hill High School	A	148
Columbia High School	A	147
Covenant Christian Academy	A	23
Delone Catholic High School	A	169
Fairfield High School	A	144
Greenwood High School	A	82
Harrisburg Christian School	A	28
Kutztown Area High School	A	171
Linden Hall	A	133
Susquenita High School	A	152
Tulpehocken High School	A	169
Veritas Academy	A	36
West Shore Christian Academy	A	36
York Catholic High School	A	142
Berks Catholic School	AA	317
Bermudian Springs High School	AA	235
Big Spring High School	AA	275
Biglerville High School	AA	201
Bishop McDevitt High School	AA	272
Boiling Springs High School	AA	233
Cocalico High School	AA	345
Conrad Weiser High School	AA	332
Donegal High School	AA	355
East Pennsboro Area High School	AA	317
Eastern Lebanon County High School	AA	259
Eastern York High School	AA	264





<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u>
Fleetwood Area High School	AA	285
Gettysburg Area High School	AA	343
Greencastle Antrim High School	AA	350
Hamburg Area High School	AA	243
James Buchanan High School	AA	269
Kennard Dale High School	AA	298
Lancaster Catholic High School	AA	248
Lancaster Mennonite High School	AA	193
Littlestown High School	AA	229
Middletown Area High School	AA	237
Northern Lebanon High School	AA	243
Northern York High School	AA	351
Octorara Area High School	AA	238
Oley Valley High School	AA	215
Schuykill Valley High School	AA	222
Susquehanna Township High School	AA	282
Trinity High School	AA	203
West Perry High School	AA	301
West York Area High School	AA	326
Wyomissing Area High School	AA	241
York Suburban High School	AA	348
Carlisle High School	AAA	581
Cedar Cliff High School	AAA	476
Cedar Crest High School	AAA	591
Central Dauphin East High School	AAA	554
Central Dauphin High School	AAA	640
Central York High School	AAA	712
Chambersburg Area High School	AAA	827
Conestoga Valley High School	AAA	536
Cumberland Valley High School	AAA	970
Dallastown Area High School	AAA	743
Daniel Boone High School	AAA	389
Dover Area High School	AAA	379
Elizabethtown Area High School	AAA	457
Ephrata Area High School	AAA	482





<u>School</u>	<u>Classification</u>	<u>Female Enrollment</u>
Exeter Township High School	AAA	485
Garden Spot High School	AAA	372
Governor Mifflin High School	AAA	489
HEMPFIELD HIGH SCHOOL	AAA	808
Hershey High School	AAA	455
J P McCaskey High School	AAA	1070
Lampeter Strasburg High School	AAA	376
Lebanon High School	AAA	509
Lower Dauphin High School	AAA	432
Manheim Central High School	AAA	371
Manheim Township High School	AAA	594
Mechanicsburg Area Senior High School	AAA	424
Milton Hershey High School	AAA	364
Muhlenberg High School	AAA	449
New Oxford High School	AAA	439
Northeastern High School	AAA	444
Palmyra Area High School	AAA	403
Penn Manor High School	AAA	576
Reading High School	AAA	1693
Red Land High School	AAA	430
Red Lion Area High School	AAA	574
Shippensburg Area High School	AAA	365
Solanco High School	AAA	405
South Western High School	AAA	445
Spring Grove Area High School	AAA	426
Susquehannock High School	AAA	387
Twin Valley High School	AAA	413
Warwick High School	AAA	510
Waynesboro Area High School	AAA	448
Wilson High School	AAA	722





District II Boys Cross Country

1 - 189 **1A**
190 - 373 **2A**
374 AND ABOVE **3A**

<u>School</u>	<u>Class</u>	<u>Male Enrollment</u>
Berks Christian School	A	28
Camp Hill High School	A	155
Carson Long Military Academy	A	41
Columbia High School	A	172
Covenant Christian Academy	A	12
Delone Catholic High School	A	146
Fairfield High School	A	124
Harrisburg Christian School	A	35
Kutztown Area High School	A	159
Trinity High School	A	178
Tulpehocken High School	A	179
Veritas Academy	A	25
West Shore Christian Academy	A	43
York Catholic High School	A	146
Annville Cleona High School	AA	194
Berks Catholic School	AA	282
Bermudian Springs High School	AA	238
Big Spring High School	AA	342
Biglerville High School	AA	205
Bishop McDevitt High School	AA	290
Boiling Springs High School	AA	278
Conrad Weiser High School	AA	340
Donegal High School	AA	332
East Pennsboro Area High School	AA	294
Eastern Lebanon County High School	AA	280
Eastern York High School	AA	296
Fleetwood Area High School	AA	270
Greencastle Antrim High School	AA	343
Hamburg Area High School	AA	275





James Buchanan High School	AA	267
Kennard Dale High School	AA	298
Lancaster Catholic High School	AA	216
Lancaster Mennonite High School	AA	190
Littlestown High School	AA	251
Middletown Area High School	AA	266
Milton Hershey High School	AA	367
Northern Lebanon High School	AA	272
Octorara Area High School	AA	296
Oley Valley High School	AA	215
Schuylkill Valley High School	AA	220
Susquehanna Township High School	AA	299
Susquehannock High School	AA	323
Susquenita High School	AA	193
West Perry High School	AA	282
West York Area High School	AA	343
Wyomissing Area High School	AA	256
York Suburban High School	AA	360
Carlisle High School	AAA	591
Cedar Cliff High School	AAA	489
Cedar Crest High School	AAA	569
Central Dauphin East High School	AAA	596
Central Dauphin High School	AAA	675
Central York High School	AAA	725
Chambersburg Area High School	AAA	831
Cocalico High School	AAA	389
Conestoga Valley High School	AAA	542
Cumberland Valley High School	AAA	1004
Dallastown Area High School	AAA	714
Daniel Boone High School	AAA	448
Dover Area High School	AAA	424
Elizabethtown Area High School	AAA	479
Ephrata Area High School	AAA	470
Exeter Township High School	AAA	500
Garden Spot High School	AAA	428
Gettysburg Area High School	AAA	379





Governor Mifflin High School	AAA	538
HEMPFIELD HIGH SCHOOL	AAA	847
Hershey High School	AAA	440
J P McCaskey High School	AAA	1090
Lampeter Strasburg High School	AAA	378
Lebanon High School	AAA	581
Lower Dauphin High School	AAA	427
Manheim Central High School	AAA	414
Manheim Township High School	AAA	725
Mechanicsburg Area Senior High School	AAA	454
Muhlenberg High School	AAA	458
New Oxford High School	AAA	460
Northeastern High School	AAA	468
Northern York High School	AAA	398
Palmyra Area High School	AAA	465
Penn Manor High School	AAA	644
Reading High School	AAA	1813
Red Land High School	AAA	427
Red Lion Area High School	AAA	602
Shippensburg Area High School	AAA	407
Solanco High School	AAA	430
South Western High School	AAA	485
Spring Grove Area High School	AAA	412
Twin Valley High School	AAA	407
Warwick High School	AAA	534
Waynesboro Area High School	AAA	524
Wilson High School	AAA	801

