



**P**ENNSYLVANIA **I**NTERSCHOLASTIC **A**THLETIC **A**SSOCIATION  
— DISTRICT THREE —

**TO:** PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING COACHES  
AND DIVING COACHES

**FROM:** DONALD SEIDENSTRICKER  
DISTRICT III SWIMMING AND DIVING CHAIRPERSON

**DATE:** January 9, 2019

**RE:** 2018-2019 SWIMMING AND DIVING CHAMPIONSHIP  
DATES AND LOCATIONS  
2018-2019 SWIMMING AND DIVING QUALIFYING GUIDELINES

The purpose of this memo is to provide you with important information related to the 2019 District III Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of last year's championship results. We ask that you review all guidelines and if you have any questions, please contact me at **717-870-8042**. **Non-swim schools should please note that we are sponsoring one (1) District III Qualifying Meet.** Entry for this meet will be in early January. All schools should plan to enter your swimmers for the District III Swimming and Diving Championships by using the online-entry procedure that will be available in February. Best wishes for a successful swimming and diving season.

**IMPORTANT DISTRICT III SWIMMING AND DIVING DATES**

DATE	EVENT	LOCATION	TIME
Wednesday January 9, 2019 <u>(tentative)</u>	Posting of District III Swimming and Diving Information and Non-Swim School Entry on District III Website	piaad3.org	
Tuesday, January 29, 2019	Qualifying Meet for Non-Swim School Swimmers	South Western High School <b>(6:00PM warm ups)</b>	7:00 PM
Monday February 4, 2019	District III Swimming and Diving Entry Procedures Available Online	piaad3.org	
Tuesday, February 19, 2019	Practice AA Diving Championships	Big Spring High School	5:00-8:00 PM
Wednesday, February 20, 2019	District III AA Diving Championships	Big Spring High School (5:00PM Warm-Up)	6:00 PM
Friday, February 22, 2019	Practice AAA Diving Championships	Wilson High School	5:30-8:30 PM
Saturday, February 23, 2019	District III AAA Diving Championships	Wilson High School (9:00AM Warm-Up / Girls AM / Boys PM)	10:00 AM
Friday, March 1, 2019 Saturday, March 2, 2019	District III Swimming Championships	Cumberland Valley High School	12:00 PM

(CONTINUED)



## 2019 DISTRICT III DIVING ENTRY REQUIREMENT

<p><b><u>Number of Divers</u></b></p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <tr> <td style="text-align: center;"><b><u>League</u></b></td> <td style="text-align: center;"><b><u>AAA</u></b></td> <td style="text-align: center;"><b><u>AA</u></b></td> </tr> <tr> <td>1 diver</td> <td></td> <td></td> </tr> <tr> <td>Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td>Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> </tr> <tr> <td>York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> </table> <p><b>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet)</b></p> <p><b><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></b></p> <p>Each optional dive proof must show a “Judge’s Total Score” of <b>13.0</b> or higher to be accepted. Dives with a “Judge’s Total Score” of less than <b>13.0</b> will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border-collapse: collapse;"> <tr> <td style="text-align: center;"><b><u>GIRLS</u></b></td> <td></td> <td style="text-align: center;"><b><u>BOYS</u></b></td> <td></td> </tr> <tr> <td>AA</td> <td style="text-align: center;">11.5</td> <td>AA</td> <td style="text-align: center;">11.7</td> </tr> <tr> <td>AAA</td> <td style="text-align: center;">12.0</td> <td>AAA</td> <td style="text-align: center;">12.0</td> </tr> </table>	<b><u>League</u></b>	<b><u>AAA</u></b>	<b><u>AA</u></b>	1 diver			Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver	<b><u>GIRLS</u></b>		<b><u>BOYS</u></b>		AA	11.5	AA	11.7	AAA	12.0	AAA	12.0
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## **2019 DISTRICT SWIMMING QUALIFYING GUIDELINES** **MEETING THESE GUIDELINES GUARANTEES ENTRY**

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
200 Medley Relay	1:58.84 (16)	1:52.72 (16)	1:45.14 (16)	1:39.91 (16)
200 Freestyle	2:05.42 (24)	1:58.66 (32)	1:51.90 (24)	1:47.46 (32)
200 Individual Medley	2:18.35 (24)	2:14.69 (32)	2:10.51 (24)	2:00.14 (32)
50 Freestyle	25.94 (24)	24.73 (32)	23.17 (24)	22.35 (32)
100 Butterfly	1:04.06 (24)	1:00.42 (32)	57.50 (24)	53.69 (32)
200 Freestyle Relay	1:45.58 (16)	1:40.68 (16)	1:33.36 (16)	1:29.59 (16)
100 Freestyle	55.84 (24)	54.06 (32)	51.07 (24)	48.46 (32)
500 Freestyle	5:39.48 (24)	5:27.05 (32)	5:11.17 (24)	4:54.06 (32)
100 Backstroke	1:02.96 (24)	1:00.81 (32)	58.01 (24)	55.34 (32)
100 Breaststroke	1:11.89 (24)	1:09.34 (32)	1:06.41 (24)	1:01.80 (32)
400 Freestyle Relay	3:59.50 (16)	3:37.18 (16)	3:25.56 (16)	3:15.11 (16)

**\*\*\*PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

