

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 100-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Xavier Smith	Daniel Boone	10.96	Tyrone Gibson	Bishop McDevitt	11.16
2012:	T.J. Elliott	CD East	10.87	Robert Suttiff	Trinity	11.11
2011:	Alex Yoder	Greencastle-Antrim	10.86	Matt Silva	Trinity	11.16
2010:	Colton Charles	Central Dauphin	11.03	Thomas Walker	Milton Hershey	11.17
2009:	Brandon Keeny	Wilson	11.41	Thomas Walker	Milton Hershey	11.38
2008:	Juan Steward	Cumberland Valley	11.16	Chris Houston	Bishop McDevitt	11.17
2007:	Alex Pensyl	Hershey	10.79	Lamar McLean	Scotland	11.09
2006:	Nate Speaks	CD East	11.08	Chris Muvdi	Holy Name	10.84
2005:	Knowledge Timmons	York	10.47	Chris Muvdi	Holy Name	10.82
2004:	Knowledge Timmons	York	11.00	Matt Tshudy	Donegal	11.43
2003:	Knowledge Timmons	York	10.77	Nick Adams	Hanover	11.14
2002:	Jaren Hayes	Cedar Crest	10.67	Nick Adams	Hanover	11.03
2001:	Jaren Hayes	Cedar Crest	10.77	Chelstan Anderson II	Millersburg	11.02
2000:	Jaren Hayes	Cedar Crest	10.79	Jason Wonder	Boiling Springs	11.05
1999:	Jaren Hayes	Cedar Crest	10.6	Curtis Simmons	Scotland	10.8
1998:	Andre Totten	Harrisburg	10.6	Jeremy Wagner	Juniata	10.9
1997:	Greg Miller	Palmyra	11.3	Jeremy Wagner	Juniata	11.3
1996:	Brian Sweeney	York	10.9	Jeremy Wagner	Juniata	10.9
1995:	Russ Zeigler	Central York	10.7	Stewart Ford	Lancaster Catholic	10.9
1994:	Troy Logan	JP McCaskey	10.9	Stewart Ford	Lancaster Catholic	11.2
1993:	Mic Jones	Chambersburg	10.9	Roger Beckwith	Scotland	10.8
1992:	Robert Tate	Harrisburg	10.8	Roger Beckwith	Scotland	10.8
1991:	Kyle Lane	Cedar Cliff	10.6	Roger Beckwith	Scotland	10.9
1990:	Dana Cook	CD East	10.9	Daryl Mack	Scotland	10.8
1989:	Matt Brummell	Harrisburg	10.9	Daryl Mack	Scotland	11.3
1988:	Matt Brummell	Harrisburg	10.9	Doug Lawrence	Susquehanna Twp.	10.9
1987:	Rich Harris	Governor Mifflin	11.0	Tim Conaway	Northeastern	11.0
1986:	Ernest Macon	Harrisburg	10.6	Thomas Johnson	Halifax	10.8
1985:	Darrell Montgomery	JP McCaskey	10.8	Kevin Lawrence	Susquehanna Twp.	10.9
1984:	Gene Arrington	Harrisburg	10.8	MIKE SPANGLER SOUTH WESTERN		10.7
1983:	Walter Whack	JP McCaskey	10.66	Todd Whitmire	Scotland	11.04
1982:	Walter Whack	JP McCaskey	10.20	Mike Spangler	South Western	10.85
1981:	Benny Cureton	Governor Mifflin	11.01	Gary Miller	Susquehanna Twp.	11.10
1980:	Ben Hazleton	Cedar Crest	11.03	Tom Johnson	Milton Hershey	11.13
1979:	JEFF WHITE	READING	10.54	Tony Bruno	Holy Name	10.84

Note: Whack's 10.20 in 1982 was not certified as a record time because of a timing question; Timmons' 10.47 in 2005 was wind-aided.

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 200-METER DASH CHAMPIONS Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Xavier Smith	Daniel Boone	22.36	David Bricker	Trinity	22.49
2012:	T.J. Elliott	CD East	21.66	Thomas Taylor	Wyomissing	21.87
2011:	Alex Yoder	Greencastle-Antrim	21.99	Matt Silva	Trinity	22.31
2010:	ConRoy Smith	Chambersburg	22.24	Alim Bangura	Milton Hershey	21.98
2009:	Lamont Fowler	Conrad Weiser	22.51	Chris Houston	Bishop McDevitt	22.66
2008:	Juan Steward	Cumberland Valley	22.29	Chris Houston	Bishop McDevitt	22.55
2007:	Juan Steward	Cumberland Valley	22.54	Brad Bechtel	Schuylkill Valley	22.78
2006:	Nate Speaks	CD East	22.22	Chris Muvdi	Holy Name	22.34
2005:	Knowledge Timmons	York	21.18	Chris Muvdi	Holy Name	22.00
2004:	Knowledge Timmons	York	21.76	Michael Coe	Central Catholic	22.97
2003:	Knowledge Timmons	York	21.88	Andy Taylor	Wyomissing	22.52
2002:	Jaren Hayes	Cedar Crest	21.90	Mackie Simms	Columbia	23.11
2001:	Delonne Wilbourn	Susquehanna Twp.	22.45	Chelstan Anderson II	Millersburg	22.44
2000:	Jaren Hayes	Cedar Crest	22.20	Jason Wonder	Boiling Springs	22.37
1999:	Greg Miller	Palmyra	21.4	Jason Scott	Scotland	22.3
1998:	Andre Totten	Harrisburg	21.7	Jeremy Wagner	Juniata	21.7
1997:	Greg Miller	Palmyra	22.0	Jeremy Wagner	Juniata	22.3
1996:	Tony Jefferson	JP McCaskey	22.3	Jeremy Wagner	Juniata	22.7
1995:	Russ Zeigler	Central York	22.5	LaRue Mangum	Scotland	22.3
1994:	Jeremy Culver	Boyertown	22.2	LaRue Mangum	Scotland	22.7
1993:	Corey Jones	Conestoga Valley	21.8	McDaniel Purdy	Susquehanna Twp.	22.6
1992:	KYLE LANE	HARRISBURG	21.0 (21.14)	Roger Beckwith	Scotland	21.9
1991:	Kyle Lane	Cedar Cliff	21.5	Roger Beckwith	Scotland	21.8
1990:	Dana Cook	CD East	21.9	Dave Fogle	York Suburban	22.7
1989:	Matt Brummell	Harrisburg	22.3	Daryl Mack	Scotland	22.9
1988:	Matt Brummell	Harrisburg	22.0	Mike Prowell	West York	22.2
1987:	McGill Barnes	York	22.3	Tim Conaway	Northeastern	22.5
1986:	Ernest Macon	Harrisburg	22.0	Peter Demeo	Wyomissing	22.2
1985:	Scott Ford	JP McCaskey	22.3	Kevin Lawrence	Susquehanna Twp.	23.0
1984:	Gene Arrington	Harrisburg	22.2	Mike Spangler	South Western	22.0
				SPANGLER SET RECORD OF 21.6 IN TRIALS		
1983:	Walter Whack	JP McCaskey	21.84	Kevin Lawrence	Susquehanna Twp.	22.81
1982:	Walter Whack	JP McCaskey	21.96	Charles Peterson	Milton Hershey	22.30
1981:	Gerald Phillips	Reading	22.43	Gary Miller	Susquehanna Twp.	23.23
1980:	Mark Hines	Harrisburg	21.69	Tom Johnson	Milton Hershey	22.43
1979:	Mark Hines	Harrisburg	21.83	Troy Moore	Scotland	22.63

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 400-METER RUN CHAMPIONS

Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Jimmy Brooks	Wilson	47.94	Ben Mason	Annville-Cleona	48.98
2012:	Lindell Swinson	Milton Hershey	48.27	Ben Mason	Annville-Cleona	50.11
2011:	Shane O'Neal	James Buchanan	48.45	Ben Mason	Annville-Cleona	50.35
2010:	Eric Thomas	Muhlenberg	48.68	Alim Bangura	Milton Hershey	48.46
2009:	Lamont Fowler	Conrad Weiser	47.93	Alim Bangura	Milton Hershey	48.56
2008:	Lamont Fowler	Conrad Weiser	48.07	Chris Houston	Bishop McDevitt	49.66
2007:	Tim Thiry	Governor Mifflin	50.04	David Smith	Trinity	50.03
2006:	David Stonfer	Cumberland Valley	47.83	Pat Vymazal	Kutztown	51.43
2005:	David Stonfer	Cumberland Valley	48.54	Joey Wagner	Biglerville	48.47
2004:	David Potts	Harrisburg	48.57	Joey Wagner	Biglerville	49.28
2003:	Eric Klotz	Dallastown	49.94	Andy Taylor	Wyomissing	50.11
2002:	Justin Kiscadden	Hempfield	49.67	Zach Snyder	Wyomissing	50.81
2001:	Curtis Waltman	Garden Spot	49.19	Dave Lightner	Susquenita	50.81
2000:	Curtis Waltman	Garden Spot	49.60	Jason Kilgore	East Pennsboro	50.41
1999:	Eric Hiller	Elizabethtown	48.2	Anthony Estevez	Lancaster Catholic	49.0
1998:	Frank Wilson	Wilson	48.8	Tom Kuhn	Camp Hill	50.2
1997:	Anthony Gaglione	Northern York	49.2	Tim Strine	Eastern York	51.3
1996:	Garrett Thompson	CD East	49.6	Ed Hernandez	Milton Hershey	50.9
1995:	Garrett Thompson	CD East	50.3	LaRue Mangum	Scotland	50.7
1994:	Jeremy Culver	Boyerstown	48.1	Steven Merson	York Suburban	50.5
1993:	Corey Jones	Conestoga Valley	48.2	McDaniel Purdy	Susquehanna Twp.	50.3
1992:	Kyle Lane	Harrisburg	48.4	Stan Sandle	Scotland	50.2
1991:	Kyle Lane	Cedar Cliff	48.3	Ernest McGeachy	Lancaster Catholic	50.5
1990:	Charles Gray	JP McCaskey	50.1	Stan Sandle	Scotland	50.0
1989:	Chad Mickley	South Western	49.5	Kevin Deemer	Conrad Weiser	50.4
1988:	Corey Brooks	CD East	48.7	Greg Webb	Scotland	49.7
1987:	Nick Berra	Cumberland Valley	48.5	Charles Brown	Scotland	50.0
1986:	Nick Berra	Cumberland Valley	48.9	Thomas Johnson	Halifax	50.1
1985:	Scott Ford	JP McCaskey	50.0	Scott Sieck	Trinity	51.4
1984:	GUY SCOTT	HARRISBURG	47.4	MIKE SPANGLER	SOUTH WESTERN	46.8
1983:	Guy Scott	Harrisburg	48.86	Steve Bodley	Juniata	49.57
1982:	Benny Cureton	Governor Mifflin	49.75	Terry Wallace	Scotland	50.10
1981:	Gerald Phillips	Reading	48.44	Devon Foreman	Scotland	50.44
1980:	Gerald Phillips	Reading	48.50	Scott Lyons	Annville-Cleona	50.13
1979:	Jeff White	Reading	47.72	Troy Moore	Scotland	49.93

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 800-METER RUN CHAMPIONS

Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA			
2013:	ALEC KUNZWEILER	CUMBERLAND VALLEY	1:51.68	SHAWN WOLFE	ANNVILLE-CLEONA	1:54.39	
2012:	Ryun Holder	Chambersburg	1:53.56	C.J. Sturges	Lancaster Mennonite	1:58.08	
2011:	Mato Bekelja	Hershey	1:53.76	Tommy Gruschow	Trinity	1:56.82	
2010:	Mato Bekelja	Hershey	1:54.59	Ian Pereira	Bishop McDevitt	1:59.08	
2009:	Kevin Hull	Hempfield	1:55.71	Joe Beveridge	Bishop McDevitt	1:58.08	
2008:	Tom Troxell	Cedar Crest	1:52.61	Shane Seymore	Trinity	1:59.14	
2007:	Andrew Rotz	Central Dauphin	1:53.15	Shane Seymore	Trinity	2:01.68	
2006:	Jared Weaver	Conestoga Valley	1:55.82	Adam Smith	Camp Hill	1:56.41	
2005:	Craig Miller	Manheim Twp.	1:55.00	Brendan Kearney	Trinity	1:57.89	
2004:	Craig Miller	Manheim Twp.	1:53.95	Adam Smith	Camp Hill	1:54.73	
2003:	Tyler Nickels	Manheim Twp.	1:54.96	Josh Sanders	Fleetwood	2:00.24	
2002:	Gordon Hall	Warwick	1:55.11	James Keefer	Greencastle-Antrim	2:00.37	
2001:	Gordon Hall	Warwick	1:55.80	Andrew Diffenderfer	Greencastle-Antrim	1:58.19	
2000:	Joel Thiry	Cocalico	1:56.68	Erik Taylor	Littlestown	1:59.73	
1999:	Chas Suter	Warwick	1:55.4	Antoine Estevez	Lancaster Catholic	1:59.2	
1998:	Donny Wren	Northern	1:56.3	Anthony Pigliacampo	Trinity	1:57.9	
1997:	Will Brownback	West Perry	1:58.0	Steve Rabuck	ELCO	2:00.9	
1996:	Corey Carvell	Warwick	1:54.4	Steve Rabuck	ELCO	2:02.7	
1995:	Jason Hilt	Boyertown	1:56.7	Bill Feeser	West York	1:59.7	
1994:	Andy Baker	Carlisle	1:55.8	Jeremy Bigelow	Camp Hill	1:58.4	
1993:	Alan Kaylor	Elizabethtown	1:58.1	Jeremy Bigelow	Camp Hill	1:57.1	
1992:	Andy Oxendine	JP McCaskey	1:58.3	Kurt Heiserman	Donegal	2:00.7	
1991:	Kevin Schadt	Hempfield	1:57.6	Josh Billings	Annaville-Cleona	1:58.35	
1990:	Chris Ridgeway	JP McCaskey	1:57.9	Jason Stewart	Conrad Weiser	1:58.3	
1989:	Sam Willoughby	Harrisburg	1:56.8	Devvon Bradley	Milton Hershey	1:57.1	
1988:	Mike Craighead	JP McCaskey	1:56.6	Devvon Bradley	Milton Hershey	1:55.9	
1987:	Nick Berra	Cumberland Valley	1:56.0	Pete Stevenson	Susquehanna Twp.	1:58.0	
1986:	Doug Walter	Chambersburg	1:56.7	Brian Boyer	Schuylkill Valley	1:58.6	
1985:	Waddie Freeman	Harrisburg	1:57.1	Steve Rasmus	West Perry	2:02.1	
1984:	Rob Lewis	Harrisburg	1:56.3	Dennis Myers	Bermudian Springs	1:56.1	
1983:	Matt Robinson	JP McCaskey	1:59.24	Dennis Myers	Bermudian Springs	1:58.45	
1982:	George Hinkle	Hempfield	1:58.42	Steve Harris	Juniata	1:58.01	
1981:	Dale Kirkpatrick	Muhlenberg	1:58.95	Rick Clelan	Big Spring	1:58.31	
1980:	Brad Freeman	Central York	1:57.77	Steve Harris	Juniata	1:57.77	
1979:	Brad Freeman	Central York	1:57.97	Brian Owen	West York	1:58.47	

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 1600-METER RUN CHAMPIONS

Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Vinny Todaro	Big Spring	4:13.47	Brady Wilt	Biglerville	4:28.86
2012:	Drew Gerberich	ELCO	4:16.54	Jared Schatz	Lancaster Mennonite	4:27.27
2011:	Ed Schrom	Central Dauphin	4:16.56	Tommy Gruschow	Trinity	4:22.93
2010:	Nate McClafferty	Conrad Weiser	4:19.92	Brett Kubiak	Mitlon Hershey	4:25.05
2009:	Kevin Hull	Hempfield	4:20.41	Joe Beveridge	Bishop McDevitt	4:25.44
2008:	Greg Kareis	Red Lion	4:13.82	Joe Beveridge	Bishop McDevitt	4:29.43
2007:	Vince McNally	Conestoga Valley	4:19.37	Ryan Reich	Oley Valley	4:29.62
2006:	Brad Miller	Manheim Twp.	4:16.65	Josh Neyhart	Kutztown	4:26.00
2005:	CRAIG MILLER	MANHEIM TWP.	4:10.73	Andrew Stutzman	Kutztown	4:22.96
2004:	Craig Miller	Manheim Twp.	4:14.59	Josh Neyhart	Kutztown	4:23.42
2003:	Craig Miller	Manheim Twp.	4:17.01	Christopher Herr	Northern Lebanon	4:28.56
2002:	John Butler	Cedar Cliff	4:20.12	James Keefer	Greencastle-Antrim	4:27.60
2001:	Patrick Bringardner	Gettysburg	4:20.26	Andrew Diffenderfer	Greencastle-Antrim	4:26.10
2000:	Justin Skaare	Cumberland Valley	4:27.98	Andrew Diffenderfer	Greencastle-Antrim	4:26.11
1999:	Mike Baird	Manheim Twp.	4:21.1	Andrew Diffenderfer	Greencastle-Antrim	4:26.2
1998:	Mike Baird	Manheim Twp.	4:21.4	Sean Nagorny	York Suburban	4:29.6
1997:	Mike Baird	Manheim Twp.	4:28.8	Sean Nagorny	York Suburban	4:30.4
1996:	Chris Dodson	Dallastown	4:23.3	Sean Nagorny	York Suburban	4:28.3
1995:	Norm Danner	Northern York	4:20.0	Jon Wenger	Annville-Cleona	4:35.0
1994:	Aaron McCommons	CD East	4:20.6	Austin Drager	Donegal	4:25.9
1993:	Aaron McCommons	CD East	4:21.6	Dave Radziewicz	York Catholic	4:27.3
1992:	Andy Oxendine	JP McCaskey	4:22.6	Dave Radziewicz	York Catholic	4:29.4
1991:	Kevin Schadt	Hempfield	4:21.6	Rob Gentzler	York Suburban	4:28.3
1990:	Nick MacFalls	Cedar Crest	4:19.5	Jason Stewart	Conrad Weiser	4:28.8
1989:	Sam Willoughby	Harrisburg	4:21.5	Jason Stewart	Conrad Weiser	4:22.9
1988:	Jeremy Jackson	Manheim Central	4:23.4	Matt McDonald	Greencastle-Antrim	4:28.0
1987:	Henry Kiner	Cumberland Valley	4:23.7	Keith Dowling	York Catholic	4:22.3
1986:	Doug Walter	Chambersburg	4:22.1	Matt McDonald	Greencastle-Antrim	4:24.0
1985:	Doug Walter	Chambersburg	4:24.5	Kevin Stoner	West York	4:23.0
1984:	Steve West	Waynesboro	4:17.3	Ron Voight	York Catholic	4:26.4
1983:	Curtis Rodgers	Hempfield	4:23.29	Ron Voight	York Catholic	4:24.58
1982:	Kerry Worth	Lebanon	4:21.45	Kevin Kenole	Greencastle-Antrim	4:22.71
1981:	Jeff Groff	Hempfield	4:21.75	Greg Hershey	Columbia	4:21.26
1980:	Steve Spence	Lower Dauphin	4:15.64	BARRY LOPATIC	MIDDLETOWN	4:18.66
1979:	Thomas Wilkinson	Waynesboro	4:20.28	Jack Ditt	Annville-Cleona	4:21.24

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 3200-METER RUN CHAMPIONS Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2103:	Vinny Todaro	Big Spring	9:18.00	Sean Manning	Boiling Springs	9:51.91
2012:	Connor Strynkowski	Palmyra	9:24.74	Jared Schatz	Lancaster Mennonite	9:42.39
2011:	Logan Mohn	Governor Mifflin	9:25.30	Tommy Gruschow	Trinity	9:51.31
2010:	Seth Robbins	Cumberland Valley	9:24.89	Brett Kubiak	Milton Hershey	9:41.47
2009:	Kyle Hurston	Carlisle	9:29.73	Joe Beveridge	Bishop McDevitt	9:29.94
2008:	Kyle Hurston	Carlisle	9:37.72	Joe Beveridge	Bishop McDevitt	9:38.59
2007:	Bryan Beegle	Gettysburg	9:17.04	Mike Stone	Wyomissing	9:40.75
2006:	Brad Miller	Manheim Twp.	9:12.62	Tim Wertner	Greencastle-Antrim	9:42.89
2005:	CRAIG MILLER	MANHEIM TWP.	9:10.78	Andrew Stutzman	Kutztown	9:34.18
2004:	Pat Caulfield	Cedar Cliff	9:26.93	Andrew Stutzman	Kutztown	9:43.49
2003:	Ryan Blood	East Pennsboro	9:22.18	Stephen Lobianco	Northeastern	9:52.88
2002:	Pat Clark	Cedar Crest	9:20.11	Ryan Blood	East Pennsboro	9:41.90
2001:	Darrell Curtis	Cumberland Valley	9:24.55	Matt Cornwell	Christian School of York	9:32.43
2000:	Josh Davis	Chambersburg	9:35.41	Joel Mocerri	Wyomissing	9:37.37
1999:	Mike Baird	Manheim Twp.	9:30.7	Andrew Diffenderfer	Greencastle-Antrim	9:47.1
1998:	Mike Baird	Manheim Twp.	9:32.4	Sean Nagorny	York Suburban	9:45.0
1997:	Mike Baird	Manheim Twp.	9:45.9	Sean Nagorny	York Suburban	9:33.6
1996:	Scott Davis	Carlisle	9:40.4	Sean Nagorny	York Suburban	9:38.9
1995:	Brian Rosenberg	Chambersburg	9:22.0	Jon Wenger	Annville-Cleona	9:46.3
1994:	Brian Rosenberg	Chambersburg	9:29.8	Austin Drager	Donegal	9:35.0
1993:	Dan Shaffer	Red Land	9:22.8	Dave Radziewicz	York Catholic	9:32.2
1992:	Rob Gentzler	York Suburban	9:25.9	Dave Radziewicz	York Catholic	9:36.8
1991:	Nick MacFalls	Cedar Crest	9:32.42	Dave Radziewicz	York Catholic	9:40.99
1990:	Nick MacFalls	Cedar Crest	9:27.6	JASON STEWART CONRAD WEISER	9:23.3	
1989:	Carlos Shultz	JP McCaskey	9:33.49	Jason Stewart	Conrad Weiser	9:25.3
1988:	Matt Deardorff	Chambersburg	9:35.7	Keith Dieterle	Northeastern	9:52.9
1987:	Brian Little	Spring Grove	9:41.5	Keith Dowling	York Catholic	9:41.7
1986:	Tim Barkdoll	Dallastown	9:38.2	Duane Koser	Donegal	9:43.9
1985:	John Wood	Gettysburg	9:30.7	Kevin Stoner	West York	9:32.9
1984:	John Wood	Gettysburg	9:33.8	Dave Rizzuto	York Catholic	9:29.8
1983:	John Wood	Gettysburg	9:22.83	Jeff Shirey	Eastern York	9:32.24
1982:	Greg Beegle	Gettysburg	9:23.69	Allen Gehringer	Fleetwood	9:24.60
1981:	Joe O'Connor	Palmyra	9:26.24	Greg Hershey	Columbia	9:31.98
1980:	Steve Spence	Lower Dauphin	9:15.23	Barry Lopatic	Middletown	9:30.98
1979:	Mike Bomberger	Warwick	9:26.25	Jack Ditt	Annville-Cleona	9:39.00

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 110-METER HURDLES CHAMPIONS

Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Jay Stone	Central York	15.68	Jared Horne	Schuylkill Valley	15.17
2012:	Jay Stone	Central York	14.76	Chris Lenz	Trinity	14.53
2011:	Khalid Guiden	Exeter	14.89	Josh Nesmith	Bible Baptist	14.92
2010:	Braheem Harvey	York	14.97	Al-Shabazz Jabateh	Milton Hershey	15.22
2009:	Leon Bullock	Harrisburg	14.68	Christian Kuntz	Trinity	14.82
2008:	Michael Brown	Lower Dauphin	14.78	Christian Kuntz	Trinity	15.34
2007:	Tyler Real	West York	14.59	Steve Kazor	Trinity	15.36
2006:	De'Lon Isom	Harrisburg	14.39	Jake Ammarell	Schuylkill Valley	15.11
2005:	De'Lon Isom	Harrisburg	14.70	Brandon Tress	Bible Baptist	15.09
2004:	Tobias Robinson	Cedar Crest	14.96	Brandon Tress	Bible Baptist	15.42
2003:	Dan Simmons	Wilson	14.91	Andrew Miller	Donegal	14.92
2002:	Marques Pinkas	Cumberland Valley	14.94	Charles Davis	Scotland	15.28
2001:	Ryan Grigsby	Middletown	14.58	Devon Roberson	Juniata	15.50
2000:	Tendayi Gochera	Conestoga Valley	14.66	Brian Small	Hanover	14.70
1999:	Graham Stoner	Palmyra	14.6	Dontae Simmons	Scotland	15.0
1998:	John Carter	Governor Mifflin	14.6	Trever Fike	Greenwood	14.5
1997:	Ed Herrman	Penn Manor	15.2	Braheem Powell	Scotland	14.6
1996:	Ken Gatling	CD East	15.1	Braheem Powell	Scotland	14.6
1995:	Ian Campbell	Central York	14.3	Robert Stevenson	Scotland	14.7
1994:	Kent Sauder	Garden Spot	14.1	Terrence Pickron	Milton Hershey	14.6
1993:	Chris Aikens	Muhlenberg	13.7	Brendon Falconer	Northeastern	14.3
1992:	Oliver Holmes	Waynesboro	14.8	Brendon Falconer	Northeastern	14.4
				FALCONER SET RECORD OF 14.24 IN TRIALS		
1991:	Chad Clark	West Perry	14.9	Larry McSeed	Scotland	14.2
1990:	Brian Striver	JP McCaskey	14.3	John Glackin	York Catholic	14.8
1989:	Jerry King	York	14.8	Larry McSeed	Scotland	15.4
1988:	Brett Shields	Harrisburg	14.0	Bill McCall	Milton Hershey	15.0
1987:	Brett Shields	Harrisburg	14.2	Bob Houck	Columbia	14.9
1986:	Jack Purdy	Milton Hershey	14.7	Peter Demeo	Wyomissing	15.0
1985:	Dave Muehl	Chambersburg	15.0	Chris Hogarth	Lancaster Catholic	14.7
1984:	Tom Tarasavage	Cedar Cliff	14.7	Ty Smith	Donegal	15.3
1983:	Rick Rineer	JP McCaskey	14.49	Perry Hartman	ELCO	15.15
1982:	Tim Cook	Reading	14.58	Harry Howard	Columbia	14.73
1981:	Stan Gelbaugh	Cumberland Valley	14.56	Devon Foreman	Scotland	14.98
1980:	DWAYNE ALLEN HARRISBURG		13.70	Wayne Blatt	Conrad Weiser	14.72
1979:	Dwayne Allen	Harrisburg	14.05	Bill Butler	Kennard-Dale	14.91

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS 300-METER HURDLES CHAMPIONS Record holder in bold italic letters and CAPS

Year:	Class AAA			Class AA		
2013:	Jay Stone	Central York	37.63	Yusef Awan	Wyomissing	40.38
2012:	Jay Stone	Central York	38.55	Chris Lenz	Trinity	39.39
2011:	Sheldon Hannibal-Nixon	Wilson	38.73	Jordan Jones	Annville-Cleona	39.18
2010:	Dakota Grove	Chambersburg	38.49	Jordan Jones	Annville-Cleona	39.98
2009:	Michael Brown	Lower Dauphin	37.93	CHRISTIAN KUNTZ TRINITY		38.68
2008:	Michael Brown	Lower Dauphin	37.62	Nick Velgos	Susquenita	39.92
2007:	Isaac Schatz	West Perry	39.57	Nick Velgos	Susquenita	40.07
2006:	De'Lon Isom	Harrisburg	38.67	Brandon Tress	Bible Baptist	39.82
2005:	David Hoffman	Dallastown	39.30	Brandon Tress	Bible Baptist	39.82
2004:	Tobias Robinson	Cedar Crest	38.83	Christian Schlegel	Wyomissing	39.98
2003:	Jon Kegerize	Cocalico	39.71	Zach Pitzer	Fairfield	41.06
2002:	Bryan Yerger	Reading	38.59	Bernard Richards	Northeastern	39.91
2001:	Jaret Campisi	Cumberland Valley	37.86	Chris Clark	Milton Hershey	40.23
2000:	Jaret Campisi	Cumberland Valley	38.94	Brian Small	Hanover	39.59
1999:	Graham Stoner	Palmyra	39.0	Chris Buchanan	Wyomissing	40.1
1998:	Frank Wilson	Wilson	38.8	Matt Hall	Wyomissing	39.7
1997:	Lukas Zagata	Cumberland Valley	39.2	Brian Detwiler	Schuylkill Valley	40.3
1996:	Jeremy Smith	Red Lion	38.9	Jon Branam	Milton Hershey	40.4
1995:	Ian Campbell	Central York	39.4	Jeremy Zettlemoyer	Kutztown	41.1
1994:	Simmie Strausbaugh	Red Lion	38.2	Terrence Pickron	Milton Hershey	38.7
1993:	Anthony Ford	JP McCaskey	38.6	Brendon Falconer	Northastern	39.6
1992:	Tony Cruz	JP McCaskey	39.3	Brendon Falconer	Northeastern	39.2
1991:	Chad Clark	West Perry	39.5	Larry McSeed	Scotland	39.1
1990:	Brian Striver	JP McCaskey	39.4	John Glackin	York Catholic	39.4
1989:	Brian Roberts	Dover	38.1	Ron Hofmanner	Daniel Boone	40.3
1988:	Brett Shields	Harrisburg	37.7	Kristen Simpson	Milton Hershey	39.9
1987:	Brett Shields	Harrisburg	38.1	Matt Craley	York Catholic	39.4
1986:	Keith Wiley	Dover	39.7	Brad Ortenzi	Hamburg	39.8
1985:	Cal Williams	Cedar Cliff	38.9	Tye Smith	Donegal	39.9
1984:	Tom Tarasavage	Cedar Cliff	39.4	Lyndon Engle	ELCO	40.3
1983:	Pete Dorn	York	37.91	Barry Whitmoyer	Conrad Weiser	39.93
1982:	Tim Cook	Reading	37.83	Steve Adamek	Northern York	38.78
1981:	Dan Hivner	Wilson	38.41	Virgil Whitsett	Milton Hershey	38.70
1980:	ALBERT LANE	HARRISBURG	37.07	Wayne Blatt	Conrad Weiser	39.30
1979:	Dwayne Allen	Harrisburg	38.59	Bill Butler	Kennard-Dale	39.12

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AAA 4x100-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	Harrisburg	42.41	Dominique Shurns	Desmond Kent	Kyle Morton	Jaylen Kent
2012:	CD East	42.40	Deandre Thompson	Siele Johnson	Shelby Wilkerson	T.J. Elliott
2011:	Susquehanna Twp.	42.02	Leroy McClain	Patrick Olal-Ogwal	Rodney Watkins	Colby Grant
2010:	Central Dauphin	42.72	Paul Coleman	Taylor Norris	Earnest Effi	Colton Charles
2009:	Conrad Weiser	42.47	Danny Sanchez	Kamar Norville	D.J. Robinson	Lamont Fowler
2008:	Cumberland Valley	42.90	Mike Frenette	Zack Vucurevich	Nick Vucurevich	Juan Steward
2007:	JP McCaskey	42.53	Lynn Anderson	Hassan Larue	Robert Dixon	Nino Figueroa
2006:	CD East	42.79	Ian Morris	Nate Speaks	Kurtis McDonald	Dan Speaks
2005:	CD East	42.47	Ed Primas	Nate Speaks	Devon Lutz	Dan Speaks
2004:	Cedar Crest	42.12	Kelvin Reyes	Pete Habegger	Tobias Robinson	Michael Fox
2003:	Wilson	42.63	Travis Mosser	Chad Henne	Shawn Smith	Andy Lehatto
2002:	Cedar Crest	42.69	Billy Alicea	Andre Melendez	Mike Fox	Jaren Hayes
2001:	Susquehanna Twp.	42.64	Durelle White	Marcel Coleman	Doug Briddell	Delonne Wilbourn
2000:	Cedar Crest	43.14	Fernando Melendez	Dave Yingst	Brad Bowman	Jaren Hayes
1999:	Cedar Crest	42.7	Mike Rollo	Tony Tirado	Erick Rittle	Jaren Hayes
1998:	HARRISBURG	41.1	LEONARD RIER	DARNELL HENRY	JOE ARROYO	ANDRE TOTTON (41.32 FAT)
1997:	Harrisburg	42.8	Calvin Everett	Darnell Henry	Shawn Lewis	Andre Totten
1996:	York	43.1	Alti Johnson	Jamar Bailey	Willie Dickson Jr.,	Brian Sweeney
1995:	Central York	43.1	Bryan Heilman	Stevens Young	Russ Zeigler	Ian Campbell
1994:	Carlisle	42.8	Jason Brown	Brandon Eiserman	Brad Goodwin	Mark Williams
1993:	York	43.1	Shavane Anderson	Charlie Sexton	Omar Brown	Enmeko Sweeney
1992:	Harrisburg	41.8	Don Urrutia	Kyle Lane	Marvin Smith	Robert Tate
1991:	Harrisburg	42.4	Chris Lamon	Don Urrutia	Marvin Smith	Robert Tate
1990:	Chambersburg	43.0	Curtis O'Neal	Tony Harrison	Cliff Houser	Matt Rearick
1989:	York	42.4	Lewis Atwater	Tisen Thomas	Jerry King	McGill Barnes
1988:	Harrisburg	42.8	Anthony Rossum	Brett Pierce	Lance Garlington	Matt Brummell
1987:	York	43.2	Ryn Washington	Tisen Thomas	Vincent Jones	McGill Barnes
1986:	Harrisburg	42.6	Anthony Rossum	Matt Brummell	Greg Wilcox	Ernest Macon
1985:	JP McCaskey	42.8	Cliff Stewart	Ralph Winder	Scott Ford	Darrell Montgomery
1984:	JP McCaskey	42.8	Cliff Stewart	Ralph Winder	Scott Ford	Darrell Montgomery
1983:	JP McCaskey	43.13	Ed Hall	George Bynum	Scott Ford	Walter Whack
1982:	JP McCaskey	42.70	Ed Hall	George Bynum	Tony Woods	Walter Whack
1981:	Harrisburg	43.09	Joe Tonsel	Valdez Baylor	Richard Shaw	Perry Kennedy
1980:	Harrisburg	42.32	Mark Hines	Dwayne Allen	Albert Lane	Dwayne McMullen
1979:	Harrisburg	42.35	Joe Seegers	John Bonner	Albert Lane	Mark Hines

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AA 4x100-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	Trinity	42.90	Danny Jackson	David Bricker	Brandon Kuntz	Vincent Rominski
2012:	TRINITY	42.70	DANNY JACKSON	CHRIS LENZ	BRANDON KUNTZ	ROBERT SUTLIFF
2011:	Trinity	43.46	Matt Silva	Patrick Devlin	Robert Sutliff	Danny Jackson
2010:	Trinity	42.93	Patrick Devlin	Nick Lutz	Robert Sutliff	Mike Giordano
2009:	Milton Hershey	42.82	Corey Dupree	Alim Bangura	Andrew Worsley	Thomas Walker
2008:	Bishop McDevitt	42.80	Jon Duckett	Mike Jones	Aaron Marks	Chris Houston
2007:	Bishop McDevitt	43.53	James Totten	Justin Knox	Billy Stair	Chris Houston
2006:	Greencastle-Antrim	43.68	Chris Lewis	Adam Ritchey	Allan Lehman	Mike Reid
2005:	Milton Hershey	43.20	Lionel Kennedy	Gilbert Dieujuste	Tamba Tongu	Jonathan Okon
2004:	Milton Hershey	43.62	Lionel Kennedy	Ryan Jenkins	Tamba Tongu	Emmanuel Okon
2003:	Bermudian Springs	43.97	Rick Kohler	Dustin Green	Andrew Hershey	Dan Murray
2002:	Milton Hershey	43.63	Chris Clark	Roosevelt Davis	Raphael Balthazar	Roberto Carabello
2001:	Wyomissing	43.80	Nolan McCready	Billy Moses	Brian Flannery	Sal Folino
2000:	York Suburban	44.04	Tony Billet	Jon Martin	Anthony Lehmayr	Mike Simard
1999:	Scotland	42.6	William Crawford	Dontae Simmons	Jason Scott	Curtis Simmons (42.79 FAT)
1998:	Scotland	43.0	Curtis Simmons	Jason Scott	Jon Scott	William Crawford
1997:	Scotland	43.2	Curtis Simmons	Jason Scott	Jon Scott	Joel Scott
1996:	Scotland	43.9	Alex Clayborne	Angelo Adams	Jon Scott	Joel Scott
1995:	Scotland	43.5	Kirk Butler	Joel Scott	Robert Stevenson	LaRue Mangum
1994:	Annville-Cleona	44.1	Paul Maurer	Greg Klopp	Richard Weaber	Eric Knight
1993:	Scotland	43.5	Mark Clark	Caliph Campbell	Juan Manigo	Roger Beckwith
1992:	Scotland	43.9	Alphonso Meares	Stan Sandle	Larry McSeed	Roger Beckwith
1991:	Scotland	43.8	Steve Williams	Stan Sandle	Larry McSeed	Roger Beckwith
1990:	Scotland	43.9	Diallo Daniels	Alex Austin	Larry McSeed	Daryl Mack
1989:	Scotland	43.6	Derrick Adams	Diallo Daniels	Carlton Ray	Daryl Mack
1988:	Susquehanna Twp.	43.2	Aaron Lewis	Ralph Mitchell	Travis Waters	Doug Lawrence
1987:	Scotland	43.6	Isiah Anderson	Charles Brown	Jon Seidle	Scott Liggins
1986:	Northeastern	43.6	Lee Single	Matt Craley	Shaun Axe	Tim Conaway
1985:	Scotland	44.0	Walter Lockhart	Tom Carlson	Pat Mathews	Scott Liggons
1984:	Lancaster Catholic	43.6	Steve Dilly	Dave Cook	Chris Hogarth	Stephon Tuell
1983:	Scotland	44.03	Paul Williams	Terrance Pope	Darren Jones	Todd Whitmire
1982:	Susquehanna Twp.	43.79	Gary Miller	John Lawrence	Moses Jackson	Hullett Lumpkin
1981:	Milton Hershey	44.22	Vince Alston	Charles Peterson	Tony Steele	Jeff Choice
1980:	Milton Hershey	43.73	Vince Alston	Jeff Choice	Dennis Smith	Tom Johnson
1979:	West York	43.27	Todd Bentzel	Mark Myers	Abner Holtzman	Jon Noel

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AAA 4x400-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	Wilson	3:21.77	Jesse Poore	Austin Rosa	Justin Maloney	Jimmy Brooks
2012:	WILSON	3:17.18	JESSE POORE	ALEX GREGO	JUSTIN MALONEY	JIMMY BROOKS
2011:	Wilson	3:20.36	Sheldon Hannibal-Nixon	Andrew Sandridge	Jesse Poore	Jimmy Brooks
2010:	Cedar Crest	3:22.83	Darren Dobroski	Mychal Robinson	Jon Jackson	Alex Galli
2009:	Hempfield	3:21.71	Hansel Akers	Forrest Moul	Kevin Hull	Kori Meshaw
2008:	Cedar Crest	3:20.09	Tom Troxell	Kyle McConnell	Ethan Diehm	Jared Feinstein
2007:	Harrisburg	3:19.55	Kaseem Ingram	Andre Clark	Matt Davis	Joshua Potts
2006:	Cumberland Valley	3:19.99	Josh Shumberger	Preston Casper	Juan Steward	David Stonfer
2005:	Cumberland Valley	3:21.45	Kevin Fuller	Preston Casper	Joshua Shumberger	David Stonfer
2004:	CD East	3:18.39	Aaron Williams	Ed Primas	Eric Johnson	Bryant Balkom
2003:	CD East	3:23.32	Ed Primas	Ryan Reed	Eric Johnson	Aaron Williams
2002:	Harrisburg	3:24.79	Robert Brim	Sean Jackson	David Corbitt	Kiel Mosley
2001:	Cumberland Valley	3:18.62	Nate Funk	Brandon Stanford	Andy Zang	Jaret Campisi
2000:	Cumberland Valley	3:23.41	Nate Funk	Brandon Stanford	Andy Zang	Jaret Campisi
1999:	Cedar Cliff	3:22.8	Andrew Campanaro	Reuben Haigler	Andrew Kerstetter	Jared McClure
1998:	South Western	3:18.5	Jared Mays	Jason Zepp	Ryan Gallagher	Alex Gasowski
1997:	Harrisburg	3:24.2	Joe Arroyo	Darnell Henry	Shawn Lewis	Andre Totten
1996:	JP McCaskey	3:26.1	Renford Sterling	Emery Plaza	Carlos Perez	Trevor Williams
1995:	Harrisburg	3:27.4	Mike Lawson	Sherrod Wallace	Jason Lester	Charles Fields
1994:	Carlisle	3:23.5	Jim DeGaetano	Andy Baker	Brandon Eiserman	Mark Williams
1993:	JP McCaskey	3:23.5	Tony Cruz	Ty London	Dale Reed	Anthony Ford
1992:	Harrisburg	3:21.0	Merle Branch	Robert Tate	Troy Thompson	Kyle Lane
1991:	Cedar Cliff	3:26.6	Matt Cope	Ben Lowe	Matt Williams	Kyle Lane
1990:	JP McCaskey	3:21.2	Charles Gray	Brian Striver	Damien Henry	Chris Ridgeway
1989:	JP McCaskey	3:20.5	Jobe Cropps	Damien Henry	Kevin Baber	Chris Ridgeway
1988:	Harrisburg	3:20.0	Sheldon Wilson	Lance Garlington	Matt Brummell	Brett Shields
1987:	Milton Hershey	3:21.8	Tony Graves	Agoi V. Ombima	Sheldon Green	Bob Carr
1986:	Harrisburg	3:20.6	Ernest Macon	Sam Willoughby	Greg Wilcox	Bernard Lewis
1985:	Milton Hershey	3:26.7	James Smith	Carlton Ewell	Roger Smith	Ken Simpson
1984:	Harrisburg	3:18.7	Gary Miller	Gene Arrington	Rob Lewis	Guy Scott
1983:	JP McCaskey	3:23.59	Rick Rineer	Matt Robinson	George Bynum	Walter Whack
1982:	JP McCaskey	3:25.07	Bob Lefever	George Bynum	Sam McClary	Walter Whack
1981:	Reading	3:22.72	Greg Holden	Nelson Berrios	Tim Cook	Gerald Phillips
1980:	Harrisburg	3:18.25	Dwayne McMullen	Dwayne Allen	Valdez Baylor	Mark Hines
1979:	Harrisburg	3:19.88	Joe Seegers	John Bonner	James Gamble	Dwayne McMullen

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AA 4x400-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	Trinity	3:22.87	David Bricker	William Edwards	Matt Bernick	Matt Janton
2012:	Boiling Springs	3:24.99	Jonathan Goodson	Kasey Sheetz	James Lieto	Logan Murphy
2011:	Trinity	3:25.52	Matt Silva	Mike Giordano	Derek Pawlush	Brett Seymore
2010:	Trinity	3:24.94	Derek Pawlush	Tommy Gruschow	Nick Lutz	Brett Seymore
2009:	Wyomissing	3:22.60	Matt Brice	Jason Lafata	Evan McCready	Marcus Line
2008:	Milton Hershey	3:24.54	Corey Dupree	Russell Pegues	Isaiah Pegues	Michael Williams
2007:	Milton Hershey	3:25.32	Isaiah Pegues	Donte Peeks	Aaron Dabney	Michael Williams
2006:	Trinity	3:29.49	John Paul Bennett	Chris Kearney	David Smith	Shane Seymore
2005:	Trinity	3:24.78	John Paul Bennett	Adam Swetra	Brendan Kearney	Brian Osborne
2004:	Milton Hershey	3:25.61	Wesley Hodge	Ryan Jenkins	Nick Serrano	Emmanuel Okon
2003:	Wyomissing	3:25.73	Eric Krise	John Casale	Zach Snyder	Andy Taylor
2002:	Wyomissing	3:26.59	Zach Snyder	Billy Moser	Nolan McCready	Andrew Taylor
2001:	Milton Hershey	3:25.45	Chris Clark	Francisco Castillo	Khalif White	Essa Bangura
2000:	Milton Hershey	3:29.07	Essa Bangura	Osahon Omo-Osagie	Dane Taylor	James Sonnenberg
1999:	Lancaster Catholic	3:29.07	Antoine Estevez	Andy Benko	Andy Testa	Anthony Estevez
1998:	Lampeter-Strasburg	3:24.8	Oliver Manosene	Jeremy Osborne	Jared Schnapf	Jansen Rudy
1997:	Juniata	3:28.0	Nathan Shellenberger	Kurt Letner	Ryan Hollis	Jeremy Wagner
1996:	Milton Hershey	3:29.4	Jon Branam	Sean Lannigan	Travis Cooper	Ed Hernandez
1995:	Scotland	3:26.2	Kirk Butler	Angelo Adams	Lee Rodgers	LaRue Mangum
1994:	Milton Hershey	3:25.9	Nyugen Smith	Emmanuel Brown	Jason Headen	Terrence Pickron
1993:	Milton Hershey	3:28.6	Terrence Pickron	Gibrill Whaley	Nyugen Smith	Darren Russell
1992:	Scotland	3:25.4	Jamayne Figueroa	Marcleve Mitchell	Stan Sandle	Roger Beckwith
1991:	Scotland	3:26.2	Stan Sandle	Larry McSeed	Donn Dingle	Roger Beckwith
1990:	SCOTLAND	3:20.9	STAN SANDLE	DONN DINGLE	LARRY McSEED	JEROME PRESSLEY
1989:	Milton Hershey	3:23.3	Matt Marvin	Gordon Drane	Terence Sloan	Devvon Bradley
1988:	Milton Hershey	3:21.3	Devvon Bradley	Kristen Simpson	Sheldon Green	Bob Carr
1987:	Susquehanna Twp.	3:27.6	Pete Stevenson	Damon Baltimore	Mike Bailey	Ralph Mitchell
1986:	Susquehanna Twp.	3:26.5	Pete Stevenson	Mark Robinson	Charles Burnham	Ralph Mitchell
1985:	Lancaster Catholic	3:28.0	Juan Umpierre	Steve Dilly	Stephon Tuell	Chris Hogarth
1984:	Lancaster Catholic	3:24.3	Steve Dilly	Kopanski	Stephon Tuell	Chris Hogarth
1983:	Littlestown	3:32.67	Ken Slagle	Joe Smith	Joe Weaver	Jim Reichert
1982:	Scotland	3:24.03	Lloyd Chieves	Devon Foreman	Kevin McKinney	Terry Wallace
1981:	Scotland	3:26.37	Terry Wallace	Devon Foreman	Bobby Thompson	Kevin McKinney
1980:	Scotland	3:25.50	Lloyd Chieves	Terry Wallace	Hakeem Skipworth	Rich Chieves
1979:	Annvile-Cleona	3:24.29	Jim Flanagan	Dave Eshelman	Scott Lyons	Dan Quiles

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AAA 4x800-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	Cumberland Valley	7:48.52	Brady Miller	Scott St. Peter	Alex Coburn	Alec Kunzweiler
2012:	Chambersburg	7:48.94	Adam Harriger	Nick Rotz	Aaron Powell	Ryun Holder
2011:	JP McCaskey	7:47.50	Tyler Holdren	Quiwane Walker	Tyler Martin	Eric Witmer
2010:	Cedar Crest	7:49.03	Darren Dobroski	Shaun Ditzler	Jon Jackson	Alex Galli
2009:	Carlisle	7:55.06	Tyler Schimandle	Chase West	Dave Dennison	Kyle Hurston
2008:	Cedar Crest	7:54.98	Matt Heisey	Jared Feinstein	Alex Galli	Tom Troxell
2007:	Central Dauphin	7:54.67	Tyler Golden	Ben Francavage	David Little	Andrew Rotz
2006:	Chambersburg	8:02.09	Corey Snyder	Tom Ausherman	J.R. Rodkey	Corey Grove
2005:	Conestoga Valley	7:45.28	James Stratton	Jared Weaver	Vince McNally	Kip Horbal
2004:	Central Dauphin	7:52.85	Justin McCarthy	Ryan Jones	Andrew Rotz	Mark Wieder
2003:	Cumberland Valley	7:57.54	David Little	Kevin Fulginiti	Jon Fulginiti	Brian Fuller
2002:	Warwick	8:00.71	Chad Gallagher	Pat Link	Ben Hess	Gordon Hall
2001:	Cumberland Valley	7:52.50	Andy Zang	Chas Taverna	Darrell Curtis	Justin Skaare
2000:	Cocalico	7:57.51	Bryan Shafer	Chris Wagner	Todd Webb	Joel Thiry
1999:	Manheim Twp.	7:53.9	Brad Confer	Jesse Landis	Matt Doumaux	Mike Baird
1998:	Northern	7:55.4	Donny Wren	Matt Pettit	Christian Hoch	Paul Hayes
1997:	Northern	8:03.0	Jason Elder	Christian Hoch	Donny Wren	Paul Hayes
1996:	JP McCaskey	8:02.1	Matt Walton	Johnny Figueroa	Jeremy Baumann	Renford Sterling
1995:	Warwick	7:56.7	Chris Perdue	Cory Carvell	Andy Babcock	Eric Adams
1994:	Dallastown	7:58.2	Clint Montoro	Chris Dodson	Mark Bender	Mike Hamel
1993:	New Oxford	8:08.2	Rob Schrader	Brian Link	Ryan Marshall	Cam Starr
1992:	Lebanon	8:04.7	Dave McLoughlin	Gito Alicea	Damone Lampkin	Walter Morales
1991:	JP McCaskey	8:02.7	Tyshaun Wilson	Danny Pineda	Andy Oxendine	Charles Gray
1990:	JP McCaskey	8:01.1	Charles Gray	Travis Adams	Tyshaun Wilson	Chris Ridgeway
1989:	JP McCaskey	8:04.7	Carlos Shultz	Doug Reed	Brian Deck	Chris Ridgeway
1988:	JP McCaskey	7:55.6	Carlos Shultz	Hern Murrey	Doug Reed	Mike Craighead
1987:	Cumberland Valley	7:53.5	Henry Kiner	Chad Miller	Chris Seiple	Nick Berra
1986:	Chambersburg	7:52.8	Tony Evans	Rod Forrester	Eddie Kimple	Doug Walter
1985:	Cumberland Valley	8:00.0	Ed Batista	Henry Kiner	Jeff Walker	Chris Pass
1984:	HARRISBURG	7:45.0	GARY MILLER	ROB LEWIS	WADDIE FREEMAN	GUY SCOTT
1983:	Harrisburg	7:50.84	Billy Brown	Mark Franklin	Rob Lewis	Guy Scott
1982:	Harrisburg	8:08.51	Pat Cook	John Butler	Rob Lewis	Mark Franklin
1981:	Ephrata	8:09.22	Dave Engleman	Brent Martin	Brad Adams	Mike Delpiano
1980:	Governor Mifflin	7:58.89	Ken Brown	Mark Mancias	Randy Reeser	Kerry Miller
1979:	Governor Mifflin	8:02.26	Erik Steudel	Joel Johnson	Randy Reeser	Kerry Miller

DISTRICT 3 BOYS TRACK AND FIELD CHAMPIONSHIPS (1925-2013)

METRIC CHAMPIONS

BOYS CLASS AA 4x800-METER RELAY CHAMPIONS

Record holder in bold italic letters and CAPS

2013:	ANNVILLE-CLEONA	7:53.67	MARK BACHMAN	JEFF INMAN	BEN MASON	SHAWN WOLFE
2012:	Annville-Cleona	8:06.80	Marck Bachman	Phil Corle	Ben Mason	Shawn Wolfe
2011:	Trinity	8:04.29	Tommy Grushow	Derek Pawlush	Mike Giordano	Brett Seymore
2010:	Trinity	7:57.02	Brett Seymore	Tommy Gruschow	Mike Giordano	Derek Pawlush
2009:	Trinity	8:02.47	Tommy Gruschow	Mike Gruschow	Chris Vodzak	Derek Pawlush
2008:	Trinity	8:11.89	Chris Vodzak	Mike Gruschow	Derek Pawlush	Shane Seymore
2007:	Trinity	8:15.27	Shane Seymore	Chris Kearney	Brian Gryzboski	Corbin Helis
2006:	Trinity	8:06.72	Joe Diminick	Corbin Helis	Chris Kearney	Shane Seymore
2005:	Camp Hill	8:09.54	Josiah Stoltzfus	Garrett Rini	Matt Orris	Adam Smith
2004:	Camp Hill	8:01.85	Zach Smith	Matt Orris	Mike Nagels	Adam Smith
2003:	Central Catholic	8:07.52	Mat Stuber	Sam McDonald	Chris Mueller	Josh Blair
2002:	Central Catholic	8:17.09	Mat Stuber	Sam McDonald	Josh Blair	Chris Mueller
2001:	Greencastle-Antrim	8:08.71	James Keefer	Justin Mason	Ross Snider	Andrew Diffenderfer
2000:	Greencastle-Antrim	8:17.12	Rich Polifka	James Keefer	Ross Snider	Andrew Diffenderfer
1999:	West York	8:10.0	Andy Geiselman	Dan May	Brad Stottlemeyer	Seth McLane
1998:	Camp Hill -	8:12.1	Matt Brenner	Brandon Beebe	Jeff Bigelow	Steve Feinour
1997:	Trinity	8:15.7	Ben Walker	Chris Spahr	Kevin Bogdan	Anthony Pigliacampo
1996:	Trinity	8:19.0	Chris Spahr	Tyson Gabler	Ben Walker	Anthony Pigliacampo
1995:	Trinity	8:08.0	Peter Della-Croce	Josh Stock	Ben Walker	Brendon Clark
1994:	Trinity	8:08.5	Peter Della-Croce	Phil Marcella	Josh Stock	Brendon Clark
1993:	Conrad Weiser	8:12.1	Matt Koon	Andy Boyer	Luke Goguts	Stephen Gibson
1992:	Donegal	8:18.1	Willie Wrade	Charlie Mowrer	Allen Retherford	Kurt Heiserman
1991:	Twin Valley	8:08.4	Dave Setley	Josh Golden	Jon Waxbom	Kirk Etchberger
1990:	Annville-Cleona	8:07.7	Josh Billings	Brian Brinser	Mike Witmer	Scott Bradley
1989:	Milton Hershey	8:07.5	Matt Marvin	Gordon Drane	Terence Sloane	Devvon Bradley
1988:	Milton Hershey	8:10.0	Terence Sloane	Bob Carr	Matt Marvin	Devvon Bradley
1987:	Greencastle-Antrim	8:08.2	Todd Herneisen	Steve Kerr	Matt McDonald	Todd Martin
1986:	Greencastle-Antrim	8:09.6	Keith Eshelman	Steve Kerr	Matt McDonald	Pete Lazich
1985:	Lancaster Catholic	8:10.0	Bob Harrison	Dennis Penney	Mark Bernhardt	Stephon Tuell
1984:	York Catholic	8:07.2	John McConville	Brian Strong	Dave Rizzuto	Ron Voight
1983:	York Catholic	8:03.98	Dave Rizzuto	Joe Kirchner	Paul Johnson	Ron Voight
1982:	Exeter	8:05.79	Kerry Petsch	Bill Kleemeier	Bob Donlen	Rich Graffius
1981:	Annville-Cleona	8:02.97	Mark Deysher	Dan Hess	John Hibshman	Don Kelly
1980:	Scotland	8:02.28	Rich Chieves	Darryl Carter	Ed Jenkins	Hakeem Skipworth
1979:	West York	8:04.93	Steve Shaull	Harry Sipling	Mike McMaster	Brian Owen