1989-1990 PIAA District 3 Field Hockey Championship
CLASS AAA

Oct. 25 | *Oct. 28* | *Nov. 1* | *Nov. 4*

Hempfield
Lancaster Mennonite HS
Boyertown

Palmyra
Cedar Cliff HS
Dallastown

Carlisle
Northern Lebanon HS
Ephrata

Elizabethtown
Governor Mifflin HS
Wilson

Warwick
Cedar Crest HS
Big Spring

Cumberland Valley
New Oxford HS
Gettysburg

Penn Manor
Eastern York HS
South Western

Lower Dauphin
Camp Hill
Conestoga Valley

Hempfield
1-0
Conestoga Valley HS

Palmyra
1-0

Ephrata
2-0
Governor Mifflin HS

Wilson
1-0

Warwick
2-0
Lower Dauphin HS

Cumberland Valley
1-0

Penn Manor
3-0
Lower Dauphin HS

Conestoga Valley
2-1

Hempfield
1-0
Northern Lebanon HS

Ephrata
2-0

Warwick
2-2 (2-0 PS)
Northern Lebanon HS

Penn Manor
3-0

Palmyra
Conestoga Valley HS
Wilson

Cumberland Valley
East Pennsboro HS
Conestoga Valley

Ephrata
2-2 (1-0 PS)
Northern Lebanon HS

Warwick
1-0

Palmyra
2-1
Penn Manor HS

Conestoga Valley
3-2 2OT

Hempfied
Conestoga Valley HS
Penn Manor

Palmyra
0-0 (3-1 PS)
5th place

EPHRATA
2-1

District 3-AAA Champion

Hempfield
1-0 2OT
3rd place