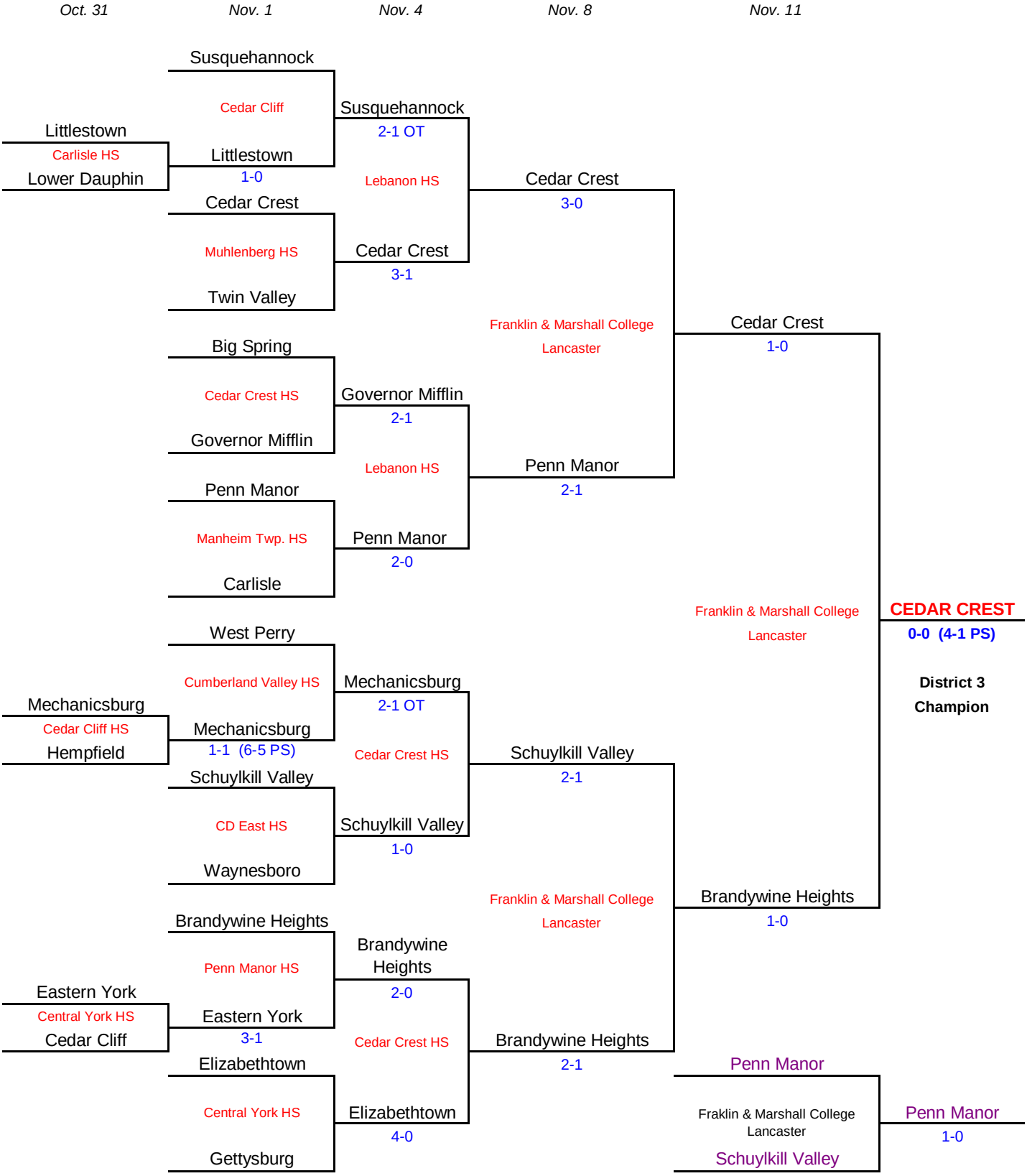1978-1979 PIAA District III Class AAA Field Hockey Championship