RULES AND REGULATIONS GOVERNING PIAA DISTRICT III

1. Entries for the District III M&T Bank Track and Field Championships will be done online at [http://pa.milesplit.com](http://pa.milesplit.com). Deadline for entries is 11 PM, Saturday, May 13th. Coaches will print out a hard copy of the entries that may be used to address any questions or concerns. Performance sheets will be listed on Sunday, May 14th by 6 PM on the District III website (http://piaadistrict3.org). Spelling corrections of athlete’s names or any questions regarding the online entry system should be sent to Bob Baker d3.bbaker@gmail.com. Corrections upon receipt of performance sheets should be sent to Adam Sheaffer, District III Track and Field Chairman asheaffer@greenwoodsd.org. Corrections and scratches must be made in writing and submitted prior to May 16th, 12 noon, for a replacement to be considered.

2. Times and distances are acceptable only if established during a PIAA dual meet or a PIAA approved tournament.

3. Each school will be permitted four entries in individual events and six in relays, but no more than three may compete in an individual event and four in relays. It is the coach’s responsibility to monitor the number of entries competing in an event.

4. This championship meet shall be conducted under the jurisdiction of the PIAA District III Committee.

5. National Federation Track and Field Rules and PIAA modifications shall govern the conduct of the meet.

6. Points shall be awarded for the first eight places as follows: first place, ten points; second place, eight points; third place, six points; fourth place, five points; fifth place, four points; sixth place, three points; seventh place, two points; eighth place, one point.

7. Medals will be awarded to the first eight place winners. The District Committee will supply duplicate medals in case of ties.

8. A trophy shall be awarded to the school that scores the highest number of points per gender and class.

9. **Admission price:** On Friday - Adults - $6.00; Students - $4.00; On Saturday – Adults - $6.00, Students - $4.00

10. The District Committee will provide: implements for shot put & discus, starting blocks, batons, pins and competitors numbers.

11. **NO practice is permitted at Shippensburg University the week prior to the District or State meets. No practice will be allowed prior to 12:30 pm (field events) / 1:30 pm (track events) on Friday, May 19th for the District Meet.**

12. Dining room will be open at the University for Breakfast – 7:00-9:00; Lunch – 11:30-1:30. Contact Paula Farner – (717) 477-1619. Housing is available; please contact Randy Hammond – (717) 477-1256.

13. **Only 1/4 pyramid spikes or shorter will be permitted on the running track or javelin runway.**

14. No tents will be permitted inside the stadium. This includes stretching canvas or any such material.

15. **PIAA SCRATCH RULE:** No athlete may be scratched from the PIAA State Meet after the District entry form has been submitted to PIAA headquarters unless the scratch is for illness or injury and certified by a physician. Scratches for reasons other than certified illness or injury will result in an athlete being disqualified from the PIAA Meet.