



PENNSYLVANIA INTERSCHOLASTIC ATHLETIC ASSOCIATION
— DISTRICT THREE —

**TO: PIAA DISTRICT III ATHLETIC DIRECTORS, SWIMMING COACHES
AND DIVING COACHES**

**FROM: DONALD SEIDENSTRICKER
DISTRICT III SWIMMING AND DIVING CHAIRPERSON**

**RE: 2012-2013 SWIMMING AND DIVING CHAMPIONSHIP
DATES AND LOCATIONS**

2012-2013 SWIMMING AND DIVING QUALIFYING GUIDELINES

The purpose of this memo is to provide you with important information related to the 2013 District III Swimming and Diving Championships. Our qualifying guidelines for swimming have been updated following a review of the results of the past two (2) years. We ask that you review all guidelines and if you have any questions, please contact me at 717-633-4807, Ext. 21950. **Non-swim schools should please note that we are again scheduling two (2) District III Qualifying Meets this year.** Please plan to register your swimmers by using the online-entry procedure that will be available in February. Best wishes for a successful swimming and diving season.

IMPORTANT DISTRICT III SWIMMING AND DIVING DATES

DATE	EVENT	LOCATION	TIME
Monday January 14, 2013 (tentative)	Posting of District III Swimming and Diving Information and Non-Swim School Entry on District III Website	http://piaadistrict3.org/swimming-and-diving/	
Wednesday, January 30, 2013	Qualifying Meet for Non-Swim School Swimmers	Northeastern Middle School	6:00 PM Warm- ups
Saturday, February 2, 2013	Qualifying Meet for Non-Swim School Swimmers	Kutztown University (tentative)	8:00 AM Warm- ups
Monday February 4, 2013	District III Swimming and Diving Entry Forms Available Online	http://piaadistrict3.org/swimming-and-diving/	
Tuesday, February 19, 2013	Practice AA Diving Championships	Big Spring High School	5:00- 8:00 PM
Wednesday, February 20, 2013	District III AA Diving Championships	Big Spring High School (5:00PM Warm-Up)	6:00 PM
Friday, February 22, 2013	Practice AAA Diving Championships	Governor Mifflin Intermediate School	5:00- 9:00 PM
Saturday, February 23, 2013	District III AAA Diving Championships	Governor Mifflin Intermediate School (8:00AM Warm-Up)	9:00 AM
Friday, March 1, 2013 Saturday, March 2, 2013	District III Swimming Championships	Cumberland Valley High School	12:00 PM

2013 DISTRICT III DIVING ENTRY REQUIREMENT

<p><u>Number of Divers</u></p>	<p>Each league will have the opportunity to automatically qualify the following number of boy and girl divers provided that they have not failed any dive during the league qualifying round.</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>League</u></td> <td style="text-align: center;"><u>AAA</u></td> <td style="text-align: center;"><u>AA</u></td> </tr> <tr> <td style="text-align: center;">Central Penn</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> <tr> <td style="text-align: center;">Lancaster-Lebanon</td> <td style="text-align: center;">0 divers</td> <td style="text-align: center;">0 divers</td> </tr> <tr> <td style="text-align: center;">Mid-Penn</td> <td style="text-align: center;">6 divers</td> <td style="text-align: center;">6 divers</td> </tr> <tr> <td style="text-align: center;">York-Adams</td> <td style="text-align: center;">3 divers</td> <td style="text-align: center;">1 diver</td> </tr> </table> <p>** (Lancaster-Lebanon does not sponsor a “League Championship” Diving Meet)</p> <p><u>Additional divers will be considered on an “At Large” basis if they meet the following entry requirement:</u></p> <p>Each optional dive proof must show a “Judge’s Total Score” of 12.0 or higher to be accepted. Dives with a “Judge’s Total Score” of less than 12.0 will not be accepted as proof of ability to perform the six (6) optional dives. Additionally, a DD requirement for optional dives will be in effect as follows:</p> <table style="margin-left: auto; margin-right: auto; border: none;"> <tr> <td style="text-align: center;"><u>GIRLS</u></td> <td style="text-align: center;"><u>BOYS</u></td> </tr> <tr> <td style="text-align: center;">AA 11.5</td> <td style="text-align: center;">AA 11.7</td> </tr> <tr> <td style="text-align: center;">AAA 12.0</td> <td style="text-align: center;">AAA 12.0</td> </tr> </table>	<u>League</u>	<u>AAA</u>	<u>AA</u>	Central Penn	3 divers	1 diver	Lancaster-Lebanon	0 divers	0 divers	Mid-Penn	6 divers	6 divers	York-Adams	3 divers	1 diver	<u>GIRLS</u>	<u>BOYS</u>	AA 11.5	AA 11.7	AAA 12.0	AAA 12.0
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2013 DISTRICT SWIMMING QUALIFYING GUIDELINES

(MEETING THESE GUIDELINES GUARANTEES ENTRY)

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
50 Freestyle	26.03 (24)	25.24 (32)	23.68 (24)	22.26 (32)
100 Freestyle	56.22 (24)	54.47 (32)	51.25 (24)	48.59 (32)
200 Freestyle	2:06.72 (24)	1:57.62 (32)	1:55.65 (24)	1:47.57 (32)
500 Freestyle	5:35.32 (24)	5:17.14 (32)	5:05.67 (24)	4:54.46 (32)
100 Backstroke	1:04.39 (24)	1:00.47 (32)	1:00.74 (24)	55.35 (32)
100 Breaststroke	1:15.75 (24)	1:09.62 (32)	1:09.60 (24)	1:02.99 (32)
100 Butterfly	1:06.09 (24)	1:00.19 (32)	56.65 (24)	55.20 (32)
200 Individual Medley	2:22.73 (24)	2:13.10 (32)	2:14.89 (24)	2:03.18 (32)
200 Meley Relay	2:01.40 (16)	1:52.85 (16)	1:49.07 (16)	1:42.22 (16)
200 Freestyle Relay	1:43.12 (16)	1:41.31 (16)	1:35.42 (16)	1:32.41 (16)
400 Freestyle Relay	3:51.98 (16)	3:41.90 (16)	3:38.45 (16)	3:20.65 (16)

*****PLEASE NOTE THAT MEETING THE ABOVE TIMES WILL GUARANTEE ENTRY FOR THE EVENT LISTED. WE WILL ACCEPT TWENTY-FOUR (24) AND THIRTY-TWO (32) SWIMMERS FOR “AA” AND “AAA” INDIVIDUAL EVENTS RESPECTIVELY, AND SIXTEEN (16) TEAMS FOR EACH RELAY EVENT FOR BOTH CLASSIFICATIONS**

